



Riverdog Farm

April 13, 2020

Riverdog Farm Veggie Box News

Box Contents:

1.50 lbs Gold Oak Mandarins
1 bu Red Spring Onions
1 bu Yellow Carrots
1 lb bu Asparagus
1 bu RedBor Kale
2 hd Little Gem Lettuce

Payment by mail is due by April 30th for May deliveries:

Tuesdays: \$96
Wednesdays: \$96
Thursdays: \$96
Fridays: \$120
Sat: \$120

Thank you for your payment if
already sent!

Quarterly Payment Schedule:

2nd Quarter

Apr/May/Jun
Wed/Thu/Fri: \$312
Tue/Sat: \$312

Annual Payment

\$1,152
(This includes 2 free boxes!)

Half-Year Payment

\$576
(This includes 1 free box!)

To view the 2020
Payment Schedule, A/B week
schedule -
go to the bottom of this page

Box Notes: The sweet, juicy mandarins are from Gold Oak Ranch and are CCOF-certified organic. The variety is called Gold Nugget. We had enough to include this week's box, one more time! This will likely be the last week for the mandarins to be included in the veggie boxes. There may be some mandarins available via the farmstore. Please check the Farm Webstore for availabilities as they change weekly.

Thank you for continuing to support the farm by purchasing your food directly from us! We are fortunate to have reliable employees who continue to work during this difficult time. Many of the employees have been with the farm for over fifteen years. We remain committed to supplying our customers with safe, delicious, healthy food and to protecting all who make our agricultural business possible.

We continue to practice safe food handling in all aspects of running the farm with additional procedures for COVID-19 prevention. The practices include: hand washing and glove wearing by all employees who handle the produce from harvest to wash and pack, policy of stay at home for those with fever/cough or any flu symptoms, sanitizing of all plastic harvest totes and CSA totes with a bleach solution using a pressure washer, and a new layout of the packing shed work spacing and harvesting so that each employee has a minimum of 6 foot distance from one another.

Due to the recent increase in CSA subscriber sign-ups, we have added some new drop sites. Please check www.riverdogfarm.com to view the new sites to see if there is one that is more convenient for you. You may change your pick up site 48 hours prior to delivery by logging into your account.

Here are some updates/changes/reminders:

- **New Egg Pick Up Procedure:** At each delivery site, the eggs will be in a box with an open lid with a list of egg order names attached. Please look at the list, make sure your name is on the list, **ONLY** take the eggs if your name is on the list. Please wear gloves and mask when picking up your order. Please only touch the eggs that you're picking up. Do not touch any other egg cartons. Do not open any egg cartons. We are no longer labeling the egg cartons with subscriber names. Keep the site safe. Thank you!
- **New** chicken orders are not available for now via the CSA. The weekly chicken subscriptions and orders placed prior to 3/21/20 will be fulfilled. There is a waitlist for new chicken orders placed after 3/21/20.
- **New** egg orders and add-on dozens are not available at this time via the CSA. There is a waitlist currently for new egg orders/egg subscriptions. You may purchase eggs at the farmers markets in Berkeley and Sacramento if available. At markets, the eggs are available first come first serve.

- Please respect the site host's privacy when you pick up your order. Do not knock on the site host doors. Call the farm if you need assistance finding the boxes, if an item is missing from your order, or your name is not on the sign-in sheet.
- Please take only the items that are yours. Check order labels for your name and match them to the items listed on the sign-in sheet. If you inadvertently picked up an item that is not yours, let the farm know so we can let the subscriber know.
- **NEW** A/B subscriptions are no longer available.
- To skip CSA Box deliveries, please login to your account and enter your skip weeks as a Monday-Friday selection: <http://www.riverdogfarm.com/csa> .
- For current A/B week subscribers please note that the delivery schedule is every other week. Some months may have 3 deliveries, some may only have 2 but the schedule is every-other-week for your deliveries.
- **Reminder:** So your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription, you **MUST** contact the farm through email to request cancellation.
- Your subscription will continue and boxes will be delivered until you, the member, send us this email request. We will confirm the cancellation request via email. Thank you!

Minestrone

From: <https://www.bonappetit.com/recipe/kale-minestrone-pistou>.

- 3 sprigs oregano
- 3 sprigs rosemary
- 2 bay leaves
- 2 tablespoons olive oil
- 4 ounces pancetta (Italian bacon), chopped (optional)
- 1 onion, chopped
- 1 leek, white and pale-green parts only, thinly sliced
- 2 carrots, peeled, chopped
- 2 celery stalks, chopped
- 4 garlic cloves, thinly sliced
- ½ teaspoon crushed red pepper flakes
- Kosher salt
- 2 tablespoons tomato paste
- 1 28-oz. can whole peeled tomatoes, drained
- 1 Parmesan rind (about 2 ounces; optional)
- 3 cups cooked cannellini beans, cooking liquid reserved if desired, or two 15-oz. cans, rinsed
- Freshly ground black pepper
- 12 ounces baby Yukon Gold potatoes, scrubbed, cut into ½" pieces
- ½ bunch Tuscan kale, ribs and stems removed, leaves torn into 1" pieces

Pistou and assembly

- 2 garlic cloves
- 1 cup fresh basil leaves
- ½ cup olive oil
- 2 tablespoons freshly grated Parmesan
- 1 teaspoon finely grated lemon zest
- Kosher salt
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- Tie oregano, rosemary, and bay leaves together with kitchen twine.
- Heat oil in a large heavy pot over medium. Add pancetta, if using, and cook, stirring often, until browned around the edges, about 5 minutes. Add onion, leek, carrots, celery, garlic, and red pepper flakes; season with salt. Cook, stirring often, until onion is translucent and carrots are tender, 10–12 minutes. Add tomato paste and cook, stirring to coat, until slightly darkened, about 3 minutes.

- Add tomatoes, crushing with your hands as you go, then herb bundle, Parmesan rind, if using, and 6 cups water or reserved bean cooking liquid, or a combination. Season with salt and pepper and bring to a boil. Add potatoes, reduce heat, and simmer until potatoes are tender and flavors have melded, 20–25 minutes. Add kale and beans; cook until kale is tender, about 5 minutes. Discard Parmesan rind and herb bundle.
- **Do Ahead:** Soup can be made 2 days ahead (or 2 months if frozen). Let cool; transfer to airtight containers and chill.

Pistou and assembly for Minestrone Soup recipe

- Pulse garlic and basil in a food processor until finely chopped. Transfer to a small bowl and stir in oil, Parmesan, and lemon zest; season with salt. Serve soup topped with pistou.

Roasted Rainbow Carrots

From: <https://ourbalancedbowl.com/roasted-rainbow-carrots/>.

- 1-2 bunches rainbow carrots
- 2 tbsp olive oil
- salt and pepper

Maple Dijon Sauce for roasted carrots

- 3-4 tbsp dijon mustard
- 3 tsp pure maple syrup
- salt to taste
- splash of water (if needed to thin out the sauce)
- parsley (optional for garnish)

1. Preheat the oven to 425. Slice your rainbow carrots in half and place them on a baking sheet. Drizzle the olive oil on top. Add salt and pepper. Roast them for 25-30 minutes or until fork tender.
2. In a small bowl, add the dijon mustard, maple syrup, and a pinch of salt. Mix until combined. Taste to adjust seasoning. Want it sweeter? Add more maple syrup? Want it more tangy? Add more dijon mustard. If the sauce needs to be thinned out, add a splash of water and mix well.
3. Once the carrots are done roasting, place them on a large plate or serving tray and drizzle them with the sauce. Add chopped parsley if desired for garnish. Serve while warm!

Red = no deliveries, farm closed
 Yellow = "A" week deliveries
 White = "B" week deliveries

2020

January							April							July							October										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
B	5	6	7	1	2	3	4	B			1	2	3	4	A			1	2	3	B			1	2	3					
A	12	13	14	8	9	10	11	A	5	6	7	8	9	10	11	B	5	6	7	8	9	10	11	A	4	5	6	7	8	9	10
B	19	20	21	15	16	17	18	B	12	13	14	15	16	17	18	A	12	13	14	15	16	17	18	B	11	12	13	14	15	16	17
A	26	27	28	22	23	24	25	A	19	20	21	22	23	24	25	B	19	20	21	22	23	24	25	A	18	19	20	21	22	23	24
				30	31			B	26	27	28	29	30		A	26	27	28	29	30	31		B	25	26	27	28	29	30	31	

February							May							August							November										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
B	2	3	4	5	6	7	8	A				1	2	B				1	2	A	1	2	3	4	5	6	7				
A	9	10	11	12	13	14	15	B	3	4	5	6	7	8	9	B	2	3	4	5	6	7	8	B	8	9	10	11	12	13	14
B	16	17	18	19	20	21	22	A	10	11	12	13	14	15	16	A	9	10	11	12	13	14	15	A	15	16	17	18	19	20	21
A	23	24	25	26	27	28	29	B	17	18	19	20	21	22	23	B	16	17	18	19	20	21	22	B	22	23	24	25	26	27	28
								A	24	25	26	27	28	29	30	A	23	24	25	26	27	28	29	A	29	30					
								B	31						B	30	31														

March							June							September							December											
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S					
B	1	2	3	4	5	6	7	A			1	2	3	4	5	6	B			1	2	3	4	5	A			1	2	3	4	5
A	8	9	10	11	12	13	14	B	7	8	9	10	11	12	13	A	6	7	8	9	10	11	12	B	6	7	8	9	10	11	12	
B	15	16	17	18	19	20	21	A	14	15	16	17	18	19	20	B	13	14	15	16	17	18	19	A	13	14	15	16	17	18	19	
A	22	23	24	25	26	27	28	B	21	22	23	24	25	26	27	A	20	21	22	23	24	25	26	B	20	21	22	23	24	25	26	
B	29	30	31					A	28	29	30				B	27	28	29	30					B	27	28	29	30	31			

 = Farm Closed
 = All "A" Week deliveries

Riverdog Farm Weekly CSA Payment Schedule 2020

Delivery Day	Tuesday	Quarter	Wednesday	Quarter	Thursday	Quarter	Friday	Quarter	Saturday	Quarter
January	96		96		96		96		96	
February	96		96		96		96		120	
March	120	312	96	288	96	288	96	288	96	312
April	96		120		120		96		96	
May	96		96		96		120		120	
June	120	312	96	312	96	312	96	312	96	312
July	96		120		120		120		120	
August	96		96		96		96		96	
September	120	312	120	336	96	312	96	312	96	312
October	96		96		120		120		120	
November	96		96		96		96		96	
December	72	264	72	264	72	288	72	288	72	288
Annual Total	1,200		1,200		1,200		1,200		1,224	
Annual w/ D	1,152		1,152		1,152		1,152			

Holiday No-Delivery Dates:
 December 21 through January 1, 2020
 Annual payers receive a \$48 discount (2 CSA boxes free).