



Riverdog Farm

December 20, 2021

# Riverdog Farm Veggie Box News

## Box Contents:

1 bu Nantes Carrots  
2 lbs Gold Nugget Mandarins  
(CCOF certified organic from Gold Oak Ranch)  
1 bu Red Russian Kale  
1 Butternut Squash  
1 bu Spinach  
1 lb Leeks  
1 hd Napa Cabbage  
1 lb Watermelon Daikon Radish

**Payment by mail is due by December 31<sup>st</sup> for January deliveries:**

**All Boxes \$30**

Tuesdays: \$90

Wednesdays: \$90

Thursdays: \$90

Fridays: \$90

Sat: \$90

Sun: \$60

**Thank you for your payment if already sent!**

2021

Quarterly Payment Schedule:

**4<sup>th</sup> Quarter**

Oct/Nov/Dec

Tu/Wed: \$390

Th/Fri/Sat/Sun: \$390

**Annual Payment**

\$1,440

(This includes 2 free boxes!)

**Half-Year Payment**

**\$720**

(This includes 1 free box!)

To view the 2022

A/B alternate week schedule:

**Scroll to bottom of Newsletter for annual calendar**

**Box Notes:** The mandarins in this week's box are CCOF certified organic from Gold Oak Ranch in Madison. The mandarins are also available by the 10 lb or 25 lb case via our farm webstore to order as an add-on. We've had several frosty nights so the carrots, spinach and radish will be sweeter than usual.

**Field Notes:** Happy Solstice (Tuesday December 21<sup>st</sup>), Merry Winter Holidays to all! The farm will be taking a winter break from Friday, December 24<sup>th</sup> to Sunday January 2<sup>nd</sup>, 2021. We will not be at the farmers markets during that time. Our first farmers market in the New Year will be Tuesday January 4, 2022.

We are close to our annual average rainfall amount (earlier than usual) so we hope this trend of rainfall continues to the water supplies recover from the drought.

We encourage our members to pay the annual amount to help the farm purchase seeds and compost to prepare for the 2022 season.

## CSA Holiday Delivery Schedule:

December 20<sup>th</sup> through December 25<sup>th</sup> will be a modified schedule as follows:

- Tuesday 12/21 CSA will be delivered as scheduled on December 21<sup>st</sup>
- Wednesday 12/22 CSA will be delivered as scheduled on December 22<sup>nd</sup>
- Thursday 12/23 CSA will be delivered as scheduled on December 23<sup>rd</sup>
- Friday 12/24 CSA will be made on **Tuesday December 21<sup>st</sup>**
- Saturday 12/25 MudLab CSA will be picked up on **Wednesday December 22<sup>nd</sup>**
- Saturday 12/25 Market CSA will be at the Berkeley Farmers market on **Thursday December 23<sup>rd</sup>**
- December 21-December 25 is a "B" week and deliveries will be made this week
- December 28<sup>th</sup> – January 2<sup>nd</sup> is an "A" week and NO deliveries will be made this week
- December 27<sup>th</sup> through January 2<sup>nd</sup> the farm will be CLOSED for CSA deliveries and ALL farmers markets.

Riverdog Farm will resume all activities on January 3<sup>rd</sup> 2022.

## Webstore Features:

**Smoked/Cured Hams: Pre-order pastured hams for holiday celebrations by emailing [csa@riverdogfarm.com](mailto:csa@riverdogfarm.com)**

- **Pastured Whole Chickens**
- **Pastured Pork Cuts and Pork Shares**
- **Variety of Sausages**
- **All pastured meat orders are delivered frozen to your delivery site or to one of the 4 weekly farmers markets nearest you.**
- **Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.**

Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

Any **YEARLY** subscription that needs to end early will be charged at the \$30 box price for boxes already delivered (not to exceed the original purchase price) and the balance may be refunded back to the card of original purchase or a check will be sent to the Member. For **MONTHLY** subscribers - if your balance does not reach \$0, then the amount – below \$29 - may be refunded back to the credit card or in the form of a check or you can donate the remainder to the farm. When you finish out your account balance, your balance reaches \$0, then you have fulfilled your subscription commitment and your account will automatically go to a permanent hold status. You are able to re-subscribe at any time. Subscribers who are set up for recurring payments need to turn off recurring payments in order to make any cancellations to your account.

- PLEASE note if your subscription has recurring payments as this can affect the amount of deliveries you are expected to receive.
  - Your subscriptions are greatly appreciated and to make our CSA program successful, we count on your advance payment to plan our seed ordering, planting seasons and harvest amounts.
  - To ensure that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. You may also put your account on a DELIVERY HOLD if you will be gone for periods of time. Your balance will be there when you return.
  - For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!
- Thank you for your understanding and cooperation.**

**\*\*Due to shorter day light hours, the egg laying productivity has slowed down so we are not accepting new egg subscriptions or add-on's at this time. Check back often to see when the egg subscriptions open up again.**

**Reminder: Please pick up your veggie box during the pick-up time window the day of delivery to ensure quality. During the hot days of summer, the earlier you are able to pick up the better.**

**Reminder: A/B delivery schedules are every other week. They aren't always 1<sup>st</sup>/3<sup>rd</sup> or 2<sup>nd</sup>/4<sup>th</sup> weeks due to some months having 5 weeks. Make sure your name is on the list AND you only take the items listed next to your name.**

**Please check your CSA account for the most up-to-date information such as your next CSA delivery date and payment status.**

**Please pick up your veggie box on your delivery day so that it stays fresh and we can ensure quality. \*\*Riverdog will not give refunds for any missing items/quality issues for pickups made the day after delivery day.\*\*** CSA site hosts may donate any unclaimed items no sooner than 24 hours after the original pick up day and time week of 3pm. After 24 hours (3pm following the day of original pickup time) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order. **Missing items/quality issues must be emailed within 24 hours of pick up day and time slot for refund consideration.** Please include a photo of any quality issues. We appreciate your feedback.

**Frog Hollow Farm Fruit Boxes are available to add to your subscription: \$33.25 per Frog Hollow Farm fruit box. See info below to learn more about their fruit boxes.**

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

**Announcement for Chicken Subscribers and for folks ordering chickens from the webstore: you now have the ability to specify your preferred chicken weight. At the moment, the weight range is 3.5 lbs to 5.0 lbs, by the half pound increment. Larger chickens will be available in a few months. Look for announcements in the newsletter about the changes to available chicken weights. Please log in to your account and select the size you'd like. You can change the size as needed but once selected, that will be the approximate weight you receive. Make any changes by noon 48 hours before your delivery day. Thank you!**

The weekly box contents are subject to change (from the box contents listed in the weekly newsletter). We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

**Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their CSA subscriptions.**

Riverdog Farm PO Box 42 Guinda, California 95637 530-796-3802 [csa@riverdogfarm.com](mailto:csa@riverdogfarm.com)

## CSA Announcements:

- 1. Chicken subscriptions** are available. You can choose a desired weight in whole numbers between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.
- 2. Webstore Orders:** There are chickens available on the web store. Try out a chicken with no subscription commitment. If you like it then add it to your account as a weekly subscription. There are also half, smoked hams available.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates. Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to prevent tearing of the end flaps. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

**Give your account 48 hours to update when making changes.** For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

**Frog Hollow Farm Fruit Box** The weekly fruit box is **\$33.25**. To add the Frog Hollow Fruit box to your weekly subscription, email the CSA manager at [CSA@riverdogfarm.com](mailto:CSA@riverdogfarm.com). ALL orders need to be in by Monday morning at 8AM – that is when FROG HOLLOW box numbers are finalized.

**The Frog Hollow fruit box is available to add to your CSA account.** Due to logistics, the Frog Hollow Fruit Boxes are only available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box. If you enter a hold any time after that, we can cancel delivery of the box, but your account may still be charged the full amount for the fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree-ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm philosophy, fruits and recommendations: [www.froghollow.com](http://www.froghollow.com).

- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, email the farm to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

## Kale and Red Onion Savory Breakfast Squares

From: <https://kalynskitchen.com/red-russian-kale-and-red-onion-savory/>.

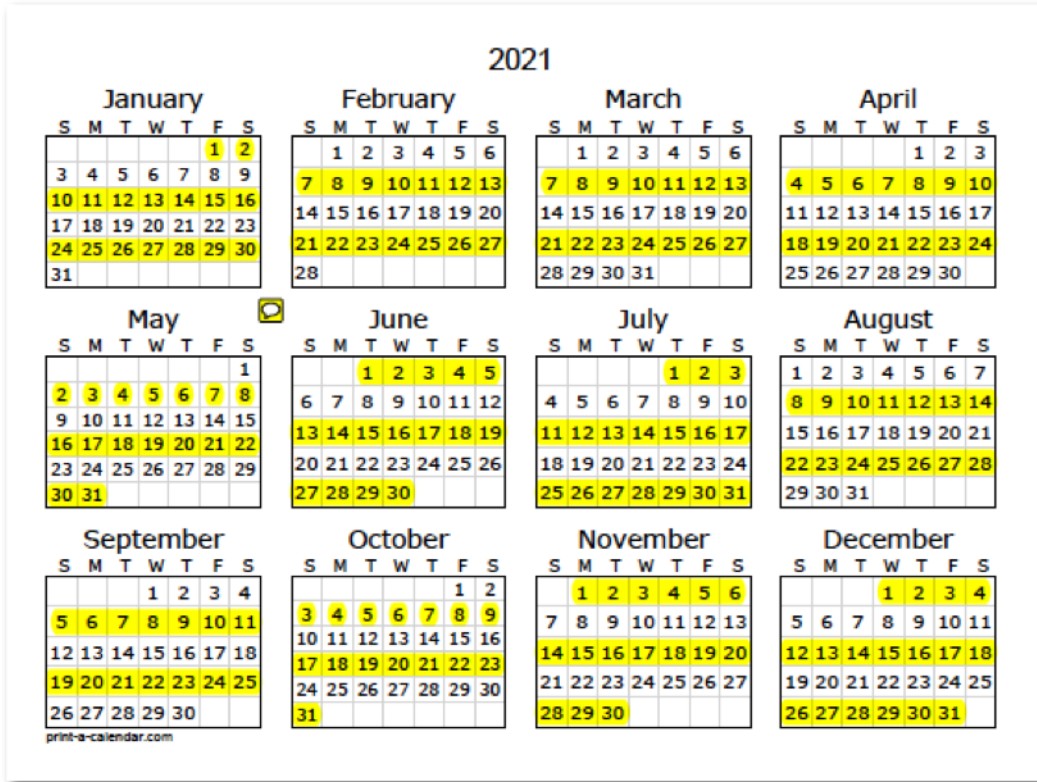
- 8 oz. chopped kale
- 1/2 red onion, chopped
- 1 tsp. teaspoon minced garlic
- 1 T olive oil
- salt and fresh-ground black pepper to taste
- 2 tsp. Tamari or other soy sauce
- 3/4 C grated Mozzarella cheese
- 1/2 cup coarsely grated Parmesan cheese
- 8 eggs, beaten well
- 1 tsp. Spike Seasoning

Preheat oven to 375F. Spray a casserole dish (about 8" x 12") with non-stick spray or olive oil. ,

Start by cutting off kale stems and discarding, then wash kale leaves and dry well. (I used a salad spinner.) Pile kale leaves up on top of each other and cut into strips about 3/4 inch wide, then turn cutting board the other way and cut again so you have squares just under an inch square. Chop onion into pieces about 1/2 inch. Heat olive oil in large heavy frying pan over medium-high heat, then add onions and cook 3 minutes. Add garlic and cook 1-2 more minutes more. Then add kale to the pan, turning over and over as it wilts and cooking about 5 minutes, or until kale is significantly wilted and softened. (Kale will cook more in the oven, so it doesn't need to be

completely soft at this point.) Season kale with a little salt and fresh-ground black pepper as desired. Put the wilted kale into the casserole dish. Top with 1/2 cup grated Mozzarella cheese and 1/4 cup coarsely grated Parmesan cheese. Beat eggs with the soy sauce or Coconut Aminos and Spike

Seasoning or other seasoning of your choice. Pour eggs over the kale/cheese in the casserole dish. Then use a fork and "stir" gently until ingredients are well distributed. Bake about 30 minutes or until eggs are well set and the top is lightly browned.



2022 Calendar

ALL green highlighted areas are the "A" week schedule

ALL other weeks are the "B" week schedule

JANUARY

S	M	T	W	T	F	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY

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MARCH

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APRIL

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MAY

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29	30	31				

JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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