



Riverdog Farm

November 23, 2020

Riverdog Farm Veggie Box News

Box Contents:

- 1 lb loose Spinach
- .75 lbs Arugula
- 4 Delicata Squash
- 1 bu Scarlet Queen Turnips
- 1 bu Red Beets
- 2 lbs Yellow Finn Potatoes
- 1 Green Cabbage

Payment by mail is due by November 30th for December deliveries:

All Boxes \$30

- Tuesdays: \$120
- Wednesdays: \$120
- Thursdays: \$120
- Fridays: \$120
- Sat: \$120
- Sun: \$150

Thank you for your payment if already sent!

Quarterly Payment Schedule:

4th Quarter

Oct/Nov/Dec

Tu/Wed/Thu/Fri/Sat: \$330

Annual Payment

\$1,440

(This includes 2 free boxes!)

Half-Year Payment

\$720

(This includes 1 free box!)

To view the 2020

Payment Schedule,
A/B week schedule:

Scroll to bottom of Newsletter
for annual calendar

Box Notes: Each year for Thanksgiving, we include an extra item (no charge/bonus item) in the veggie boxes to show our appreciation to you our subscribers! So the box will feel a bit heavier/fuller this week. We are grateful for your continued direct support of the farm and for your commitment to healthy eating. While this year has been more challenging than other years with the pandemic and the wildfires, the farm feels fortunate to be able to continue producing organic food and to continue to provide employment to our dedicated staff. Our hope is that the coming year will improve with scientific advances for the vaccine, there will be a decrease in the spread of the Covid-19 virus and that we can return to some semblance of normal or at least get to a place where we're comfortable and can safely visit our relatives and friends.

The fuyu persimmons that we love are not available this fall due to a frost last spring during their flowering phase. Instead, we ordered certified organic pink lady apples to go into the early December CSA boxes. They are from Smit Farm. The pink lady apples will also be on the web store in 10lb cases.

Field Notes: Hoping for more rain while enjoying the mild autumn weather.

Webstore Features: Holiday Hams, Whole Chickens and vegetable items available by the case. Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

Thanksgiving Week Delivery Schedule:

All **Tuesday & Thursday** CSA and market CSA deliveries will happen Tuesday November 24, 2020. The **Thursday CSA deliveries will happen** at your regular CSA drop site locations on Tuesday and the Thursday CSA market deliveries will happen at the Tuesday Berkeley Farmer's Market location. The location for the Tuesday and Thursday Berkeley Farmer's Markets CSA pick-ups will be Adeline and 63rd from 2 pm to 6:30 pm on Tuesday November 24, 2020.

The Berkeley Farmers Market will be closed on Thursday November 26, 2020.

Wednesday CSA deliveries will happen as scheduled on Wednesday November 25, 2020.

The Friday CSA deliveries will happen on Tuesday November 24, 2020 to your regular CSA drop site location.

The Berkeley Saturday Farmers Market will be open on Saturday November 28, 2020 so CSA subscribers will be able to pick up at the Saturday market that day.

The farm will be closed from December 23, 2020 to January 3, 2021. We will be at the Berkeley Farmer's Market on Tuesday, December 22, so CSA boxes will be delivered to the market that day. We will be at the Berkeley Farmer's Market on January 2, 2021 but there will be no CSA deliveries that day.

Each week, the veggie box contents are subject to change. We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

Please pick up your veggie box on your delivery day. With warm summer temperatures continuing through the fall, please pick up your CSA order on your delivery day so that it stays fresh and we can ensure quality. CSA site hosts may donate any unclaimed boxes of vegetables no sooner than 24 hours after the original pick up day and time of 3pm. **After 24 hours (3pm the following day) unclaimed orders may no longer be available and the subscriber absorbs the subscription cost for that week's order.**

New CSA Announcements:

- 1. Chicken subscriptions** are available. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day of delivery.
- 2. Webstore Orders:** There are chickens available on the web store. Try out a chicken with no commitment, if you like it then add it to your account as a subscription. There are also whole, smoked hams available.
- 3. Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their veggie boxes.**

Frog Hollow Farm Fruit Box The weekly fruit box is **\$29.75**. To add the Frog Hollow Fruit box to your weekly subscription, 1) go to your CSA account. 2) Log in then look at the right side of your page at the **summary** box - at the bottom of that box is your subscription with a darker green box that says "change". Click on **change**. Below the title "**CHANGE SUBSCRIPTION**" you have 2 tabs - Click on the **-options-** tab. You will see the Frog Hollow Fruit box available to add. 5) ALL orders must be in by **Sunday at NOON** so we have the ability to process the order and get it out to you on the proper day and time.

The Frog Hollow fruit box will be available to add to your CSA account from Thursday to Sunday at NOON. And, due to logistics, the Frog Hollow Fruit Boxes will only be available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box, if you enter a hold any time after that, we can cancel delivery of the box, but your account will still be charged the full amount for the Fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree ripened, exceptionally tasty stone fruits. Summer CSA boxes contain 7 lbs. of mixed stone fruit, many varieties of peaches, plums, nectarines and pluots. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm, ethos and fruits and recommendations: www.froghollow.com.

Riverdog Farm has an active Instagram account. Find us via our Instagram handle: [riverdogfarm](https://www.instagram.com/riverdogfarm). On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to keep the end flaps from tearing. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

Give your account 48 hours to update when making changes. For example, when changing your account status from permanent hold to active by charging your credit card, the status may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

Please check your CSA account for the most up-to-date information such as your delivery schedule.

- **Keeping it safe:** with the Shelter-in-Place order still in effect in Yolo County, we continue to implement our COVID-19 prevention protocol on the farm per the CDC and Cal-OSHA recommended best practices. Prevention measures include: required face covering and glove wearing, 6-foot distancing in the workplace, hand sanitation and employees are not allowed to work with symptoms of COVID-19.

- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your deliveries end, you **MUST** contact the farm through email to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time. If you wish to cancel your account, you may email the farm and we can cancel it for you.
- Please pick up your veggie box on your delivery day. It's important to pick up your veggie box the day of delivery to maintain freshness.
- For any changes you need to make to your account, the cut off time is 12:00 pm 2 days before your delivery day. Remember to make any changes to your account such as payment renewal or delivery holds by 12:00 pm 2 days before your delivery day. Thank you!

“Delivery hold” is used for short periods of time – you use this option 48 hours in advance to schedule the deliveries you are unable to pick up.

“Permanent Hold” is used for long periods of time – you use this option if you are gone for extended periods of time and wish to resume your account when you get back. You must change your status to “active” when you return in order to resume deliveries.

“Cancel” is used to delete membership details, this means you would need to re-enter delivery status, subscriptions, and credit card information when you resume the Riverdog Farm CSA

Asian Cabbage Salad

From: https://www.wellplated.com/wprm_print/recipe/49347.

Salad Ingredients:

- 1/2 cup sliced or slivered almonds
- 1/2 small head green cabbage finely sliced (about 3 cups)*
- 1/2 small head red cabbage finely sliced (about 3 cups)**
- 1 medium red bell pepper very thinly sliced
- 1 cup shredded carrots about 2 medium
- 1 cup frozen shelled edamame thawed
- 1/2 cup chopped fresh cilantro

Dressing Ingredients:

- 1/4 cup rice vinegar
- 2 tablespoons honey
- 2 tablespoons low sodium soy sauce
- 1 tablespoon [creamy peanut butter](#)
- 1 tablespoon minced fresh ginger
- Preheat the oven to 350 degrees F. Spread the nuts in a single layer on an

- ungreased rimmed baking sheet. Toast for 4 to 6 minutes, until fragrant and crisp. Toss once halfway through and do not walk away during the last few minutes of cooking. Immediately remove to a small bowl or plate (or if your salad is ready to go, you can add them directly to the serving bowl).
- In a large bowl, place the green and red cabbage, bell pepper, carrots, edamame, and cilantro.
- In a medium mixing bowl or large liquid measuring cup, whisk together the dressing ingredients: rice vinegar, honey, soy sauce, peanut butter, and ginger. Pour enough over the salad to moisten it. Toss to coat. Assess the amount of dressing and add more as desired. Add the almonds and give the salad a final, light toss. If time allows, let marinade for 30 minutes prior to serving.

Riverdog Farm's Favorite Roasted Roots

Preheat oven to 375 degrees. Rinse all the roots (aim for 4 cups of cut roots) well. Cut the beets, potatoes, and turnips into uniformly shaped cubes, about ½ inch square. Place in a deep bowl, drizzle about ½ cup olive oil over all. Toss well with a spoon or with your hands. Sprinkle with 2 teaspoons salt and some black pepper. Spread evenly over a cookie sheet with edges (to keep olive oil from going over the edge). Cook/roast for 1/2 hour, take the pan out of the oven, then turn/toss with a metal spatula so that the bottom of the cubed roots is now facing up. Cook another ½ hour or until softened well with some crisp edges. Eat hot or warm. Sprinkle some crumbled goat cheese over all.

Yellow = "A" week deliveries, White = "B" week deliveries
Red = No Deliveries – Farm Closed

2020																															
January				April				July				October																			
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
			1	2	3	4				1	2	3	4				1	2	3	4				1	2	3					
B	5	6	7	8	9	10	11	A	5	6	7	8	9	10	11	B	5	6	7	8	9	10	11	A	4	5	6	7	8	9	10
A	12	13	14	15	16	17	18	B	12	13	14	15	16	17	18	A	12	13	14	15	16	17	18	B	11	12	13	14	15	16	17
B	19	20	21	22	23	24	25	A	19	20	21	22	23	24	25	B	19	20	21	22	23	24	25	A	18	19	20	21	22	23	24
A	26	27	28	29	30	31	B	26	27	28	29	30	A	26	27	28	29	30	31	B	25	26	27	28	29	30	31				
February				May				August				November																			
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
						1						1	2							1							1				
B	2	3	4	5	6	7	8	A	3	4	5	6	7	8	9	B	2	3	4	5	6	7	8	B	8	9	10	11	12	13	14
A	9	10	11	12	13	14	15	B	10	11	12	13	14	15	16	A	9	10	11	12	13	14	15	A	15	16	17	18	19	20	21
B	16	17	18	19	20	21	22	A	17	18	19	20	21	22	23	B	16	17	18	19	20	21	22	B	22	23	24	25	26	27	28
A	23	24	25	26	27	28	29	B	24	25	26	27	28	29	30	A	23	24	25	26	27	28	29	A	29	30					
							31							31																	
March				June				September				December																			
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
									1	2	3	4	5	6							1	2	3	4	5						
B	1	2	3	4	5	6	7	A	7	8	9	10	11	12	13	B	6	7	8	9	10	11	12	B	6	7	8	9	10	11	12
A	8	9	10	11	12	13	14	B	14	15	16	17	18	19	20	A	13	14	15	16	17	18	19	A	13	14	15	16	17	18	19
B	15	16	17	18	19	20	21	A	21	22	23	24	25	26	27	B	20	21	22	23	24	25	26	B	20	21	22	23	24	25	26
A	22	23	24	25	26	27	28	B	28	29	30	A	27	28	29	30	B	27	28	29	30	31									
B	29	30	31																												

= Farm Closed = All "A" Week deliveries