



Riverdog Farm

November 22, 2021

Riverdog Farm Veggie Box News

Box Contents:

- 1 bu Carrots
- 2 lbs Yellow Finn Potatoes
- 1 bu Cilantro
- ¾ lb Mixed Sweet Peppers
- ¾ lb Little Gem Lettuce
- ½ lb Green Beans
- 1 lb Fuyu Persimmons (not certified organic)
- 1 bu Red Russian Kale

Payment by mail is due by November 30th for December deliveries:

- All Boxes \$30**
- Tuesdays: \$60
- Wednesdays: \$90
- Thursdays: \$90
- Fridays: \$90
- Sat: \$90
- Sun: \$60

Thank you for your payment if already sent!

2021

Quarterly Payment Schedule:

4th Quarter

Oct/Nov/Dec

Tu/Wed: \$390

Th/Fri/Sat/Sun: \$390

Annual Payment

\$1,440

(This includes 2 free boxes!)

Half-Year Payment

\$720

(This includes 1 free box!)

To view the 2021

A/B alternate week schedule:

Scroll to bottom of Newsletter for annual calendar

Box Notes: The Fuyu Persimmons have returned! These delicious eat-when-firm orange orbs are grown in Guinda by our neighbors. They are not certified organic but are grown without the use of synthetic fertilizers or pesticides.

We are grateful to all for your continued support of the farm via your CSA subscription. We hope you enjoy your holiday feast and are glad to be a part of your menu.

Field Notes: Sunny, drier days are in the forecast this week. The hills have become green practically overnight because of the incredible rains we received a couple of weeks ago. We'll need more rain to sustain the wild vegetation growing in the hills. This is the earliest we've seen the greening of the hills. It usually happens in late January/February.

Modified THANKSGIVING Schedule:

Tuesday delivery route AND **Thursday** delivery route will happen on **TUESDAY** the 23rd

Thursday market will pick up at the **TUESDAY** the 23rd market.

Friday delivery route will happen on **TUESDAY** the 23rd

Wednesday delivery route will happen on **WEDNESDAY** the 24th

All Frog Hollow Fruit Box subscribers will get a balance credit (those that are not on hold) for any fruit boxes not delivered due to the modified delivery schedule for this week only. ** NO FRUIT BOXES will be delivered this week due to the modified delivery schedule.

Due to the modified holiday schedule, the CSA subscriber accounts can't be changed until Sunday November 28, 2021. (In other words, the 48-hour limit for ordering add-ons or making delivery schedule changes to your account is now in effect for all delivery days this week because of the holiday delivery schedule change.)

Webstore Features:

Smoked/Cured Hams: Pre-order holiday hams for Christmas by emailing csa@riverdogfarm.com

- **Pastured Whole Chickens**
- **Pastured Pork Cuts and Pork Shares**
- **Variety of Sausages**
- **All pastured meat orders are delivered frozen to your delivery site or to one of the 4 weekly farmers markets nearest you.**
- **Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.**

Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

•November 1st, 2021, Riverdog Farm changed its policy regarding refunds for the CSA membership subscription. Subscribers who are set up for recurring payments need to turn

off recurring payments in order to make changes to your account. Any YEARLY subscription that needs to end early will be charged at the \$30 box price for boxes received (not to exceed the original purchase price) and the balance may be refunded back to the card of original purchase. For MONTHLY subscribers - if your balance reaches \$0 then the amount – below \$29 - may be refunded in the form of a check or you can donate the remainder to the farm. When you finish out your account balance, you have fulfilled your subscription commitment.

- PLEASE note if your subscription has recurring payments as this can affect the amount of deliveries you are expected to receive.
- Your subscriptions are greatly appreciated and to make our CSA program successful, we count on your advance payment to plan our planting seasons and harvest amounts.
Thank you for your understanding and cooperation.
- To ensure that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. You may also put your account on a DELIVERY HOLD if you will be gone for periods of time. Your balance will be there when you return.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

****Due to shorter day light hours, the egg laying productivity has slowed down so we are not accepting new egg subscriptions at this time. Check back often to see when the egg subscriptions open up again.**

Reminder: Please pick up your veggie box during the pick-up time window the day of delivery to ensure quality. During the hot days of summer, the earlier you are able to pick up the better.

Reminder: A/B delivery schedules are every other week. They aren't always 1st/3rd or 2nd/4th weeks due to some months having 5 weeks. **Make sure your name is on the list AND you only take the items listed next to your name.**

Please check your CSA account for the most up-to-date information such as your next CSA delivery date and payment status.

Please pick up your veggie box on your delivery day so that it stays fresh and we can ensure quality. ****Riverdog will not give refunds for any missing items/quality issues for pickups made the day after delivery day.**** CSA site hosts may donate any unclaimed items no sooner than 24 hours after the original pick up day and time week of 3pm. After 24 hours (3pm following the day of original pickup time) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order. **Missing items/quality issues must be emailed within 24 hours of pick up day and time slot for refund consideration.** Please include a photo of any quality issues. We appreciate your feedback.

Frog Hollow Farm Fruit Boxes are available to add to your subscription: \$33.25 per Frog Hollow Farm fruit box. See info below to learn more about their fruit boxes.

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

Announcement for Chicken Subscribers and for folks ordering chickens from the webstore: you now have the ability to specify your preferred chicken weight. At the moment, the weight range is 3.5 lbs to 4.5 lbs, by the half pound increment. Larger chickens will be available in a few months. Look for announcements in the newsletter about the changes to available chicken weights. Please log in to your account and select the size you'd like. You can change the size as needed but once selected, that will be the approximate weight you receive. Make any changes by noon 48 hours before your delivery day. Thank you!

The weekly box contents are subject to change (from the box contents listed in the weekly newsletter). We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their CSA subscriptions.

CSA Announcements:

1. **Chicken subscriptions** are available. You can choose a desired weight in whole numbers between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a Riverdog Farm PO Box 42 Guinda, California 95637 530-796-3802 csa@riverdogfarm.com

facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.

- 2. Webstore Orders:** There are chickens available on the web store. Try out a chicken with no subscription commitment. If you like it then add it to your account as a weekly subscription. There are also half, smoked hams available.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to prevent tearing of the end flaps. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

Give your account 48 hours to update when making changes. For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

Frog Hollow Farm Fruit Box The weekly fruit box is **\$33.25**. To add the Frog Hollow Fruit box to your weekly subscription, email the CSA manager at CSA@riverdogfarm.com. ALL orders need to be in by Monday morning at 8AM – that is when FROG HOLLOW box numbers are finalized.

The Frog Hollow fruit box is available to add to your CSA account. Due to logistics, the Frog Hollow Fruit Boxes are only available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box. If you enter a hold any time after that, we can cancel delivery of the box, but your account may still be charged the full amount for the fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree-ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm philosophy, fruits and recommendations: www.froghollow.com.

- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, email the farm to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

Coconut Curried Kale and Butternut Squash from America's Test Kitchen's The Complete Vegetarian Cookbook

Ingredients:

- 3 tablespoons extra-virgin olive oil, divided
- 1 onion, chopped
- 2 pounds sweet potato or butternut squash, peeled and sliced into ½-inch cubes
- 5 garlic cloves, pressed or minced
- 2 teaspoons grated fresh ginger
- 1 heaping teaspoon curry powder (or more if you prefer)
- 2 large bunches of kale (about 2 pounds), stemmed and chopped
- 1 cup vegetable broth
- 1, 14-ounce can full-fat coconut milk
- 1 tablespoon lime juice
- ⅓ cup pepitas (green pumpkin seeds)
- Salt, to taste
- Freshly ground black pepper, to taste
- Red pepper flakes (optional), to taste
- 1 1/2 cups cooked jasmine or basmati rice
- Salt, to taste

Method:

1. Warm 2 tablespoons olive oil in a Dutch oven over medium heat until simmering. Add onion and cook, stirring frequently, until softened, about 5 minutes. Add sweet potato or squash, cover and cook, stirring occasionally, until the sweet potato is bright orange (or until the butternut

is just beginning to brown), about 5 minutes. Transfer the mixture to a bowl for now.

2. Add 1 tablespoon olive oil to the pot and raise the heat to medium-high. Add garlic, ginger and curry powder and cook, stirring constantly, until fragrant, about 30 seconds. Add half of the kale and stir until it's beginning to wilt, about 1 minute. Stir in remaining greens, broth, all but ½ cup coconut milk and ½ teaspoon salt.

3. Cover pot, reduce heat to medium low, and cook, stirring occasionally, until kale is wilted, about 12 to 15 minutes. Pour in sweet potato or squash mixture, cover and continue to cook until kale and sweet potato or squash are tender, 10 to 20 minutes.

4. Meanwhile, toast the pepitas in a medium skillet over medium-low heat, stirring frequently, until they're fragrant and making little popping noises, about 3 to 5 minutes. Transfer to a bowl to cool.

5. Once the kale and sweet potato/squash are tender, uncover the pot and increase heat to medium-high. Cook, stirring occasionally, until most of the liquid has evaporated and sauce has thickened, 2 to 5 minutes.

6. Remove from heat and stir in the remaining coconut milk. Add the lime juice and season with salt, pepper and optional red pepper flakes, to taste. Divide rice into bowls, then top with kale mixture and a generous sprinkling of pepitas before serving.

