



Riverdog Farm

October 4, 2021

# Riverdog Farm Veggie Box News

## Box Contents:

1.5 lbs Yukon Gold Potatoes  
1.5 lbs Tomatoes: Early Girl and Red German  
1 Yellow Canary Melon  
1 bu Red Beets  
1 bskt Juliet Tomatoes  
.75 lb Arugula

**Payment by mail is due by September 30th for October deliveries:**

**All Boxes \$30**

Tuesdays: \$120  
Wednesdays: \$120  
Thursdays: \$120  
Fridays: \$150  
Sat: \$120  
Sun: \$120

**Thank you for your payment if already sent!**

2021

Quarterly Payment Schedule:

**2<sup>nd</sup> Quarter**

April/May/June

Tu/Wed: \$390

Th/Fri/Sat/Sun: \$390

**Annual Payment**

\$1,440

(This includes 2 free boxes!)

**Half-Year Payment**

**\$720**

(This includes 1 free box!)

To view the 2021

A/B alternate week schedule:

**Scroll to bottom of Newsletter for annual calendar**

**Box notes:** This is the last week of summer melons. The Yellow Canary melon is a melon that's ripe when firm with white flesh. It has a tropical flavor. You can eat it now but if you like a softer melon, it can sit out on the kitchen counter to ripen some more. The beet greens are delicious, they can be cooked like spinach: steamed, sautéed with garlic in olive oil, or braised with meat. From an online tomato seed description the: "Juliet tomatoes can stand up to strong flavors, making them ideal for tomato salads. Or sliced in half and slow-roasted, they are the perfect tomato for roasted tomato pesto. Or make chopped guacamole: Halve one pint of Juliet's, and chop two avocados into one-inch cubes. Stir together and add salt."

**Field Notes:** We've had recent cloudy weather with a few drops of rain here and there. October and November are forecasted to have some rain that is desperately needed. Then beyond that, meteorologists are predicting an El Niño year which typically means a light rain year. Every drop matters so we are doing what we can now to conserve water use, monitor well water depths, and ensure that any broken pipes or leaks are repaired right away.

Our local rural fire departments throughout unincorporated Yolo County are submitting proposals for Department of Water Resources funding from the Small Community Grant Relief Program to upgrade their wells, create more water tank storage for the dual purpose of having enough water to fight fires and for community drinking water usage when power outages occur. Our entire rural region relies on electricity and private ground water as our only drinking water source. Having back-up drinking water sources during times of drought is essential.

•**Reminder:** Starting November 1st, 2021, Riverdog Farm will be changing its policy regarding refunds for the CSA membership subscription. Please take note if you have recurring payments, and turn off recurring payments if you would like to make any changes to your account. Any **YEARLY** subscription that needs to end early will be charged at the \$30 box price for boxes received (not to exceed the original purchase price) and the balance may be refunded back to the card of original purchase. For **MONTHLY** subscribers - if your balance does reach \$0 then the amount - below \$29 - may be refunded in the form of a check or you can donate the remainder to the farm. You will fulfill your subscription commitment.

•**PLEASE** take note if your subscription has recurring payments as this can affect the amount of deliveries you are expected to receive and plan accordingly.

•Your subscriptions are greatly appreciated and to make our CSA program successful, we count on your advance payment to plan our planting seasons and harvest amounts. Thank you for your understanding and cooperation in this matter.

•To ensure that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. You may also put your account on a **DELIVERY HOLD** if you will be gone for periods of time. Your balance will be there when you return.

•For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

**Tomatoes: Early Girl or Roma Tomatoes 10 lb case for \$30.00. Great for sauce-making and canning.**

**Webstore Features:**

- **Smoked/Cured Hams: Pre-order holiday hams for Thanksgiving by emailing [csa@riverdogfarm.com](mailto:csa@riverdogfarm.com)**
- **Pastured Whole Chickens**
- **Pastured Pork Cuts and Pork Shares**
- **Variety of Sausages**
- **All pastured meat orders are delivered frozen to your delivery site or to one of the 4 weekly farmers markets nearest you.**
- **Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.**
- **Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.**

**\*\*Due to shorter day light hours, the egg laying productivity has slowed down so we are not accepting new egg subscriptions at this time. Check back often to see when the egg subscriptions open up again.**

**Reminder: Please pick up your veggie box during the pick-up time window the day of delivery to ensure quality. During the hot days of summer, the earlier you are able to pick up the better.**

**Reminder: A/B delivery schedules are every other week. They aren't always 1<sup>st</sup>/3<sup>rd</sup> or 2<sup>nd</sup>/4<sup>th</sup> weeks due to some months having 5 weeks. Make sure your name is on the list AND you only take the items listed next to your name.**

**Please check your CSA account for the most up-to-date information such as your next CSA delivery date and payment status.**

**Please pick up your veggie box on your delivery day so that it stays fresh and we can ensure quality. \*\*Riverdog will not give refunds for any missing items/quality issues for pickups made the day after delivery day.\*\*** CSA site hosts may donate any unclaimed items no sooner than 24 hours after the original pick up day and time week of 3pm. After 24 hours (3pm following the day of original pickup time) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order. **Missing items/quality issues must be emailed within 24 hours of pick up day and time slot for refund consideration.** Please include a photo of any quality issues. We appreciate your feedback.

**Frog Hollow Farm Fruit Boxes are available to add to your subscription: \$33.25 per Frog Hollow Farm fruit box. See info below to learn more about their fruit boxes.**

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

**Announcement for Chicken Subscribers and for folks ordering chickens from the webstore: you now have the ability to specify your preferred chicken weight. At the moment, the weight range is 3.5 lbs to 4.5 lbs, by the half pound increment. Larger chickens will be available in a few months. Look for announcements in the newsletter about the changes to available chicken weights. Please log in to your account and select the size you'd like. You can change the size as needed but once selected, that will be the approximate weight you receive. Make any changes by noon 48 hours before your delivery day. Thank you!**

The weekly box contents are subject to change (from the box contents listed in the weekly newsletter). We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

**Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their CSA subscriptions.**

**CSA Announcements:**

Riverdog Farm PO Box 42 Guinda, California 95637 530-796-3802 [csa@riverdogfarm.com](mailto:csa@riverdogfarm.com)

1. **Chicken subscriptions** are available. You can choose a desired weight in whole numbers between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.
2. **Webstore Orders:** There are chickens available on the web store. Try out a chicken with no subscription commitment. If you like it then add it to your account as a weekly subscription. There are also half, smoked hams available.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to prevent tearing of the end flaps. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

**Give your account 48 hours to update when making changes.** For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

**Frog Hollow Farm Fruit Box** The weekly fruit box is **\$33.25**. To add the Frog Hollow Fruit box to your weekly subscription, email the CSA manager at [CSA@riverdogfarm.com](mailto:CSA@riverdogfarm.com). ALL orders need to be in by Monday morning at 8AM – that is when FROG HOLLOW box numbers are finalized.

**The Frog Hollow fruit box is available to add to your CSA account.** Due to logistics, the Frog Hollow Fruit Boxes are only available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box. If you enter a hold any time after that, we can cancel delivery of the box, but your account may still be charged the full amount for the fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree-ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm philosophy, fruits and recommendations: [www.froghollow.com](http://www.froghollow.com).

- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, email the farm to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

## Herb Breakfast Frittata

From: <https://www.tasteofhome.com/recipes/herb-breakfast-frittata/print/>.

- 1/4 cup thinly sliced red onion
- 1 tablespoon olive oil
- 1 large Yukon Gold potato, peeled and thinly sliced
- 6 large eggs
- 1 teaspoon minced fresh rosemary or 1/4 teaspoon dried rosemary, crushed
- 1 teaspoon minced fresh thyme or 1/4 teaspoon dried thyme
- 1/4 teaspoon salt
- 1/8 teaspoon crushed red pepper flakes
- 1/8 teaspoon pepper
- 2 tablespoons shredded cheddar cheese

## Directions

1. In an 8-in. ovenproof skillet, sauté onion in oil until tender. Using a slotted spoon, remove onion and keep warm. Arrange potato slices in a single layer over bottom of pan. Preheat broiler.
2. In a small bowl, whisk the eggs, seasonings and onion; pour over potatoes. Cover and cook until nearly set, 4-6 minutes.
3. Uncover skillet. Broil 3-4 in. from the heat until eggs are completely set, 2-3 minutes. Sprinkle with cheese. Let stand for 5 minutes. Cut into wedges.

Yellow = "A" week deliveries, White = "B" week deliveries

Farm Closed for the CSA Deliveries from December 24, 2021 - January 3, 2022

2021

