



Riverdog Farm

September 27, 2021

Riverdog Farm Veggie Box News

Box Contents:

- 1.25 lbs Sifra Potatoes
- 1.5 lbs Tomatoes
- 1 Acorn Squash
- .75 lbs Mixed Eggplant
- 1 lb Fairtime Peaches
- .5 lbs Green Beans
- .5 lbs Arugula

Payment by mail is due by September 30th for October deliveries:

All Boxes \$30

- Tuesdays: \$120
- Wednesdays: \$120
- Thursdays: \$120
- Fridays: \$150
- Sat: \$120
- Sun: \$120

Thank you for your payment if already sent!

2021

Quarterly Payment Schedule:

2nd Quarter

- April/May/June
- Tu/Wed: \$390
- Th/Fri/Sat/Sun: \$390

Annual Payment

\$1,440

(This includes 2 free boxes!)

Half-Year Payment

\$720

(This includes 1 free box!)

To view the 2021
A/B alternate week schedule:
**Scroll to bottom of Newsletter
for annual calendar**

Box notes: Tis the season for winter squash! We'll be featuring delicata, butternut, acorn and other winter squash varieties in the coming weeks as the harvest is almost done, and the hard squash stores well, getting sweeter as it cures off the vine, converting the starch content to sugar over time.

Field Notes: The combination of summer and fall crops in this week's box highlights the produce variety of the overlapping seasons that we are able to grow in the micro-climate of the region. From peaches to potatoes to winter squash to arugula greens for fresh eating, we are proud to offer so many delicious, nutritious fruits and veggies in the CSA boxes.

Tomatoes: Early Girl or Roma Tomatoes 10 lb case for \$30.00. Great for sauce making and canning.

Webstore Features:

- **Smoked/Cured Hams: Pre-order holiday hams for Thanksgiving by emailing csa@riverdogfarm.com**
- **Pastured Whole Chickens**
- **Pastured Pork Cuts and Pork Shares**
- **Variety of Sausages**
- **All pastured meat orders are delivered frozen to your delivery site or to one of the 4 weekly farmers markets nearest you.**
- **Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.**
- **Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.**

Due to shorter day light hours, the egg laying productivity has slowed down so we are not accepting new egg subscriptions at this time. Check back often to see when the egg subscriptions open up again.

Reminder: Please pick up your veggie box during the pick-up time window the day of delivery to ensure quality. During the hot days of summer, the earlier you are able to pick up the better.

Reminder: A/B delivery schedules are every other week. They aren't always 1st/3rd or 2nd/4th weeks due to some months having 5 weeks. Make sure your name is on the list AND you only take the items listed next to your name.

Please check your CSA account for the most up-to-date information such as your next CSA delivery date and payment status.

Please pick up your veggie box on your delivery day so that it stays fresh and we can ensure quality. **Riverdog will not give refunds for any missing items/quality issues

for pickups made the day after delivery day.** CSA site hosts may donate any unclaimed items no sooner than 24 hours after the original pick up day and time week of 3pm. After 24 hours (3pm following the day of original pickup time) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order. **Missing items/quality issues must be emailed within 24 hours of pick up day and time slot for refund consideration.** Please include a photo of any quality issues. We appreciate your feedback.

Frog Hollow Farm Fruit Boxes are available to add to your subscription: \$33.25 per Frog Hollow Farm fruit box. See info below to learn more about their fruit boxes.

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

Announcement for Chicken Subscribers and for folks ordering chickens from the webstore: you now have the ability to specify your preferred chicken weight. At the moment, the weight range is 3.5 lbs to 4.5 lbs, by the half pound increment. Larger chickens will be available in a few months. Look for announcements in the newsletter about the changes to available chicken weights. Please log in to your account and select the size you'd like. You can change the size as needed but once selected, that will be the approximate weight you receive. Make any changes by noon 48 hours before your delivery day. Thank you!

The weekly box contents are subject to change (from the box contents listed in the weekly newsletter). We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

Please email the farm csa@riverdogfarm.com to confirm cancellation of your CSA membership.

Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their veggie boxes.

CSA Announcements:

- 1. Chicken subscriptions** are available. You can choose a desired weight in whole numbers between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.
- 2. Webstore Orders:** There are chickens available on the web store. Try out a chicken with no subscription commitment. If you like it then add it to your account as a weekly subscription. There are also half, smoked hams available.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to prevent tearing of the end flaps. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

Give your account 48 hours to update when making changes. For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

Frog Hollow Farm Fruit Box The weekly fruit box is **\$33.25**. To add the Frog Hollow Fruit box to your weekly subscription, email the CSA manager at CSA@riverdogfarm.com. ALL orders need to be in by Monday morning at 8AM – that is when FROG HOLLOW box numbers are finalized.

The Frog Hollow fruit box is available to add to your CSA account. Due to logistics, the Frog Hollow Fruit Boxes are only available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box. If you enter a hold any time after that, we can cancel delivery of the box, but your account may still be

charged the full amount for the fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree-ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm philosophy, fruits and recommendations: www.froghollow.com.

Maple Roasted Acorn Squash

From: <https://www.epicurious.com/recipes/food/views/maple-roasted-acorn-squash-in-a-garden>.

3 acorn squash, unpeeled, halved through the stem, and seeded
 3 tablespoons unsalted butter, diced
 3 tablespoons pure maple syrup, plus extra for serving
 Good olive oil
 Kosher salt and freshly ground black pepper
 Flaked sea salt, such as Maldon, for serving

Step 1

Preheat the oven to 350°F.

Step 2

Place the squash, cut sides up, on a sheet pan. Place ½ tablespoon butter and ½ tablespoon maple syrup in the cavity of each squash. Brush the cut sides with olive oil and sprinkle the squash with 3 teaspoons kosher salt and 1 teaspoon pepper. Roast for 40 to 60 minutes, depending on the size of the squash, until tender when pierced with a small knife.

Step 3

Place the squash on a serving platter. If the halves are too large for one serving, cut each piece in half through the stem. Drizzle lightly with extra maple syrup, sprinkle with sea salt, and serve hot.

Yellow = "A" week deliveries, White = "B" week deliveries

Farm Closed for the CSA Deliveries from December 24, 2021 - January 3, 2022

