



Riverdog Farm

September 6, 2021

# Riverdog Farm Veggie Box News

## Box Contents:

2 lbs Red Cerata Potatoes  
1-2 Red Torpedo Onions  
2 lbs Tomatoes  
1 Painted Serpent Cucumber  
1 Rosa Bianca Eggplant  
1 Orange Honeydew Melon  
1 Yellow Canary Melon

## Payment by mail is due by Sept 30<sup>th</sup> for October deliveries:

### All Boxes \$30

Tuesdays: \$120  
Wednesdays: \$120  
Thursdays: \$120  
Fridays: \$150  
Sat: \$150  
Sun: \$150

Thank you for your payment if  
already sent!

2021

## Quarterly Payment Schedule:

### 3<sup>rd</sup> Quarter

July/Aug/Sept

Tu/Wed: \$390

Th/Fri/Sat/Sun: \$390

### Annual Payment

\$1,440

(This includes 2 free boxes!)

### Half-Year Payment

\$720

(This includes 1 free box!)

To view the 2021

A/B alternate week schedule:

Scroll to bottom of Newsletter

**Box notes:** Here's a description of the Cerata potato from <https://www.potatoesincanada.com/new-variety-field-notes-30041/>: "Red skin, white flesh. Tubers are oval-shaped. Cerata is a medium-late variety for the fresh market. This variety is grown in countries around the Mediterranean and in Eastern Europe. (The seed is from Solanum International)." This is our first year growing the Cerata potato variety as a trial to see how it performs and tastes. It has yielded well and is getting great reviews from our customers. We will add this to our list of potato varieties to grow each year.

**Field Notes:** The farm is experiencing the summer to fall transition. In 2 weeks, the spinach and arugula harvests will begin. The first and second tomato plantings are winding down while plantings #3 and #4 are still producing. We have started harvesting the winter squash this week. We grow about 10 winter squash varieties. The first types to ripen are the smaller varieties: delicata and acorn squash. Then the kabocha, butternut, pumpkins, and red kuri squash come in. Luckily, the winter squash cures after being harvested, becoming sweeter with time and it stores well so we are able to keep it for many months after harvest to feature in the CSA boxes throughout the winter.

**Tomatoes:** Early Girl or Roma Tomatoes 10 lb case for \$30.00. Great for sauce making and canning.

## Webstore Features:

- Smoked/Cured Hams: limited supply available
- Pastured Whole Chickens
- Pastured Pork Cuts and Pork Shares
- Variety of Sausages
- All pastured meat orders are delivered frozen to your delivery site or to one of the 4 weekly farmers markets nearest you.
- Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.
- Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

Due to shorter day light hours, the egg laying productivity has slowed down so we are not accepting new egg subscriptions at this time. Check back often to see when the egg subscriptions open up again.

**Reminder:** Please pick up your veggie box during the pick-up time window the day of delivery to ensure quality. During the hot days of summer, the earlier you are

able to pick up the better.

**Please check your CSA account for the most up-to-date information such as your next CSA delivery date and payment status.**

**Please pick up your veggie box on your delivery day** so that it stays fresh and we can ensure quality. **\*\*Riverdog will not give refunds for any missing items/quality issues for pickups made the day after delivery day.\*\*** CSA site hosts may donate any unclaimed items no sooner than 24 hours after the original pick up day and time week of 3pm. After 24 hours (3pm following the day of original pickup time) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order. **Missing items/quality issues must be emailed within 24 hours of pick up day and time slot for refund consideration.** Please include a photo of any quality issues. We appreciate your feedback.

**Frog Hollow Farm Fruit Boxes are available to add to your subscription: \$33.25 per Frog Hollow Farm fruit box.** See info below to learn more about their fruit boxes.

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

**Announcement for Chicken Subscribers and for folks ordering chickens from the webstore: you now have the ability to specify your preferred chicken weight. At the moment, the weight range is 3.5 lbs to 4.5 lbs, by the half pound increment. Larger chickens will be available in a few months. Look for announcements in the newsletter about the changes to available chicken weights. Please log in to your account and select the size you'd like. You can change the size as needed but once selected, that will be the approximate weight you receive. Make any changes by noon 48 hours before your delivery day. Thank you!**

The weekly box contents are subject to change (from the box contents listed in the weekly newsletter). We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

**Please email the farm [csa@riverdogfarm.com](mailto:csa@riverdogfarm.com) to confirm cancellation of your CSA membership.**

**Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their veggie boxes.**

**Reminder:** A/B delivery schedules are every other week. They aren't always 1<sup>st</sup>/3<sup>rd</sup> or 2<sup>nd</sup>/4<sup>th</sup> weeks due to some months having 5 weeks.

#### **New CSA Announcements:**

- 1. Chicken subscriptions** are available. You can choose a desired weight in whole numbers between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.
- 2. Webstore Orders:** There are chickens available on the web store. Try out a chicken with no subscription commitment. If you like it then add it to your account as a weekly subscription. There are also half, smoked hams available.
- 3. Avedano's Members:** Please pick up your CSA boxes and all other orders at the ordering window so the Avedano's crewmember can cross off your name. We are changing this pick up policy due to product loss. If you have any questions, comments or concerns, please email [csa@riverdogfarm.com](mailto:csa@riverdogfarm.com). Please return your CSA boxes to Avedano's. Please flatten the boxes without tearing.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to prevent tearing of the end flaps. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

**Give your account 48 hours to update when making changes.** For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

**Frog Hollow Farm Fruit Box** The weekly fruit box is **\$33.25**. To add the Frog Hollow Fruit box to your weekly subscription, email the farm.

**The Frog Hollow fruit box will be available to add to your CSA account from Thursday to Sunday by NOON.** Due to logistics, the Frog Hollow Fruit Boxes are only available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box. If you enter a hold any time after that, we can cancel delivery of the box, but your account may still be charged the full amount for the fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree-ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm philosophy, fruits and recommendations: [www.froghollow.com](http://www.froghollow.com).

- **Keeping it safe:** We are so pleased to announce that the majority of the farm employees, including farmer's market staff, have been vaccinated for COVID-19 thanks to the free vaccination program implemented by Yolo County in partnership with Yolo County Department of Health, the Yocha Dehe Fire Department and local farms who hosted vaccination clinics. The new Yolo County mask ruling is that employees do not have to wear masks if they are vaccinated. We look forward to seeing your smiling faces at the farmers markets again!
- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, email the farm to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

**"Delivery hold"** is used for short periods of time – use this option 48 hours in advance to schedule the deliveries you are unable to pick up.

**"Permanent Hold"** is used for long periods of time – use this option if you are gone for extended periods of time and wish to resume your account when you get back. You must change your status to "active" when you return in order to resume deliveries.

**"Cancel"** is used to delete membership details, this means you would need to re-enter delivery status, subscriptions, and credit card information when you resume the Riverdog Farm CSA

## Roasted Eggplant

**From:** <https://www.epicurious.com/recipes/food/views/roasted-eggplant-387338>.

### Step 1

Eggplant can be roasted whole, cut in half, or cut in wedges. Large eggplant are most commonly roasted whole or in halves to make a purée. Cut the eggplant in half and with a sharp knife score the flesh in a cross-hatch pattern. Season with salt and pepper. Place the eggplant cut side down on an oiled sheet pan. Put whole eggplant directly on the oiled sheet pan. Roast at 400°F until the eggplant is soft, always testing at the stem end. Scoop out the tender flesh.

### Step 2

Eggplant can also be roasted in slices or wedges to serve warm as a side dish or marinated as part of an antipasto or salad. First trim off the stem and blossom ends and then cut the eggplant lengthwise into thick wedges or crosswise into fairly thick slices (1/2 inch thick is good). When cut too thin, the wedges and slices will dry out before they have cooked through. Salt the pieces generously and let them stand for a few minutes. Meanwhile heat the oven to 400°F and oil a baking sheet or shallow pan. Lay the pieces flat on the pan and then oil the upper side. Bake for 20 to 35 minutes, depending on the size of the wedges or slices. The eggplant is done when it is soft all over and brown on the underside. If the pieces are sticking, let them cool for a few moments and they will be easier to lift. Serve right away, or dress with wine vinegar, slices of garlic, chopped herbs, extra-virgin olive oil, salt, and fresh-ground black pepper and serve at room temperature.

Yellow = "A" week deliveries, White = "B" week deliveries

Farm Closed for the CSA Deliveries from December 24, 2021 - January 3, 2022

2021

