



Riverdog Farm

August 3, 2020

# Riverdog Farm Veggie Box News

## Box Contents:

- 1 lb Cucumbers: Painted Serpent/Slicing
- 1 bskt Sun Gold or Sweet 100 Cherry Tomatoes
- 1 lb Sweet Gypsy Peppers
- 1 Muskmelon
- ¾ lb Green Beans
- 2 Red Torpedo Onions
- 1 Galia or Sensation Melon

Payment by mail is due by August 31<sup>st</sup> for September deliveries:

- All Boxes \$30
- Tuesdays: \$150
- Wednesdays: \$150
- Thursdays: \$120
- Fridays: \$120
- Sat: \$120

Thank you for your payment if already sent!

Quarterly Payment Schedule:

### 2nd Quarter

- Jul/Aug/Sept
- Thu/Fri/Sat: \$360
- Tu/Wed: \$390

### Annual Payment

- \$1,440
- (This includes 2 free boxes!)

### Half-Year Payment

**\$720**

- (This includes 1 free box!)
- To view the 2020 Payment Schedule, A/B week schedule -

**Scroll to bottom of Newsletter**

**Field Notes:** Just before the recent full moon appeared, we were able to see the comet Neowise in the dark night sky of the valley. It could be seen with the naked eye below the Big Dipper. Now that the comet is further away from planet earth, the comet can still be viewed with binoculars but it's starting to fade out of sight. The comet has been quite the spectacle to behold, a rare moment in time that only happens every 6000 or so years.

**Box Notes:** We are pleased to feature the new, expanded box this week! With so many beautiful crops coming from the field and from your feedback that you would like more items included in the box, we have increased the number of items. The Sweet Gypsy Peppers can be used like a bell pepper: slice raw in salads, great for roasting whole, stuff, or sauté with garlic and red torpedo onions as a bed for any fish/meat/or tofu dinner dish.

**Each week, the veggie box contents are subject to change. In the newsletter, we include a list of box contents to give you an idea of what to expect but the list may change. Crop quality, daily yields and weather conditions will determine final box contents each week.**

**Webstore Features: Canning Tomatoes (Early Girl), Red Slicer Tomatoes, Pickling Cucumbers**  
Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Place your orders by noon, 2 days before your delivery day.

## New CSA Announcements:

**1. Frog Hollow Farm Fruit Box** subscriptions are available again, like last year! We received many subscriber requests for this subscription option. The weekly fruit box is **\$29.75**. To add the Frog Hollow Fruit box to your weekly subscription, go to your account in Farmigo, and add it as a weekly subscription. The deliveries of the fruit boxes will be weekly. The Frog Hollow fruit box will be available to add on the CSA site from Thursday to Sunday. And, due to logistics, the Frog Hollow Fruit Boxes will only be available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays, at the Berkeley and farmers markets will not have the fruit box subscription option through our farm but members and market customers have the option of subscribing directly with Frog Hollow Farm and picking up directly from them at the Berkeley farmers markets. Due to logistics, Sacramento market subscribers will not have the fruit box option.

**Note on Delivery Holds for the Frog Hollow fruit box subscription:** Due to the logistics of getting the fruit boxes from Frog Hollow Farm, delivery holds and cancellations on the fruit boxes (for any day in the following week) need to be entered between Thursday - Sunday at 12:00 pm. If you enter a hold any time after that, we can cancel delivery of the box, but your account will still be charged.

Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree ripened, exceptionally tasty stone fruits. Summer CSA boxes contain 7 lbs. of mixed stone fruit, many varieties of peaches, plums, nectarines and pluots. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm, ethos and fruits and recommendations.

2. Recognizing that more people are eating and cooking at home and from our CSA subscriber feedback, we are going to increase the number of items in the veggie box. **The weekly veggie box price will become \$30 to correspond with the added value.** Instead of 5-6 weekly items, the veggie box will include 7-9 items or the box may include an increased quantity of some of the items included in the veggie box. For example, with the new plan there will be more variety and more quantity of certain items.

Below is a sample of the list of contents for the new \$30 box:

- 1 lb Tomatoes - cherry or mixed heirloom
- 1 lb Green Beans
- 1 Melon
- ¾ lb Sweet Peppers - Red/Gold
- 1 lb Cucumbers - assorted
- 1.5 lbs Potatoes – Yukon Gold, Fingerling or Yellow Finn
- 2 Onions – red, white or yellow

The new CSA pricing of \$30 per veggie box will start August 3, 2020. - **Please pick up your veggie box on your delivery day.** As the temperatures heat up, it's important you pick up your CSA ORDER the day of delivery so that it stays fresh and we can ensure quality. At Riverdog Farm, CSA site hosts may donate any unclaimed boxes of vegetables no sooner than 24 hours after the original pick up day. **After 24 hours unclaimed orders are no longer available.**

Riverdog Farm has an active Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to keep the end flaps from tearing. Slowly, bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

Give your account 48 hours to update when making changes. For example, when changing your account status from permanent hold to active by charging your credit card, the status may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

**Please check your CSA account for the most up to date information such as your delivery schedule.**

- **Keeping it safe:** with the Shelter-in-Place order still in effect in Yolo County, we continue to implement our COVID-19 prevention protocol on the farm per the CDC and Cal-OSHA recommended best practices. Prevention measures include: required face covering and glove wearing, 6-foot distancing in the workplace, hand sanitation and employees are not allowed to work with symptoms of COVID-19.
- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your deliveries end, you **MUST** contact the farm through email to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time. If you wish to cancel your account, you may email the farm and we can cancel it for you.
- Please pick up your veggie box on your delivery day. As the temperatures heat up, it's important you pick up your veggie the day of delivery so that it stays fresh.
- The cut off time is 12 noon 2 days before your delivery day for any changes you need to make to your account. Remember to make any changes to your account such as payment renewal or delivery holds by 12 noon 2 days before your delivery day. Thank you!

**Delivery hold**" is used for short periods of time – you use this option 48 hours in advance to schedule the deliveries you are unable to pick up.

**Permanent Hold**" is used for long periods of time – you use this option if you are gone for extended periods of time and wish to resume your account when you get back. You must reinstate your status back to active when you return in order to resume deliveries.

**Cancel**" is used to delete membership details, this means you would need to re-enter delivery status, subscriptions, and credit card information when you resume the Riverdog Farm CSA.

## Gypsy Peppers Stuffed With Fromage Blanc

<https://www.thespruceeats.com/gypsy-peppers-fromage-blanc-1665495>.

- 4 gypsy peppers
  - 2 tablespoons olive oil
  - 1/2 teaspoon kosher salt, plus more for sprinkling
  - **For the Filling:**
  - 1 1/2 cups Fromage blanc, ricotta, or fresh goat cheese
  - 1 large egg
  - 1 tablespoon minced fresh flat-leaf parsley
  - 1 tablespoon minced fresh tarragon
  - 1 tablespoon minced fresh chives
  - 1/2 teaspoon kosher salt
  - 1/8 teaspoon freshly ground pepper
1. Preheat an oven to 400 F.
  2. Rub the peppers with olive oil, the 1/2 teaspoon salt, and the 1/4 teaspoon pepper.
  3. Place the peppers on a baking sheet and roast for 15 to 20 minutes, until the skin is blistered and the flesh is soft. Remove from the oven and let cool to the touch.
  4. Peel the peppers, being careful to remove the skin around the stems, leaving the stems in place.
  5. Make a lengthwise slit into each pepper and remove the seeds.
  6. Sprinkle the peppers with more salt and pepper.
  7. Decrease the oven temperature to 375 F. Oil a baking sheet.
  8. For the filling: Combine all the ingredients in a medium bowl and mix well.
  9. Gently spoon 1/4 cup of the filling into each pepper. Place the peppers, seam side down, on the prepared pan.
  10. Bake for 25 to 30 minutes, until the peppers are puffed and the filling is set.
  11. Serve warm.

Reprinted (on the website link above) with permission from *Organic Marin: Recipes from Land to Table* (Andrews McMeel 2008).

## Melon Salad with Honey, Lime and Mint

From: <https://www.simplyscratch.com/2017/06/melon-salad-honey-lime-mint.html>.

- 1/2 a large cantaloupe
- 1/2 a large honeydew melon
- 1/2 a large "personal size" seedless watermelon [or other RDF melon – RDF note]
- 1 tablespoon honey
- juice from half a lime
- fresh mint

### Instructions

Use a melon baller to scoop round spheres out of each melon and place them into a large bowl.

In a small bowl, combine 1 tablespoon honey with the juice of 1/2 a lime. Whisk to combine and pour over the melon. Gently toss together before serving with torn fresh mint leaves.

\*If making in advance; chill melon then toss with honey lime syrup and garnish with fresh mint right before serving

Red = no deliveries, farm closed  
 Yellow = "A" week deliveries  
 White = "B" week deliveries

## 2020

January							April							July							October										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
			1	2	3	4				1	2	3	4				1	2	3	4						1	2	3			
B	5	6	7	8	9	10	11	A	5	6	7	8	9	10	11	B	5	6	7	8	9	10	11	A	4	5	6	7	8	9	10
A	12	13	14	15	16	17	18	B	12	13	14	15	16	17	18	A	12	13	14	15	16	17	18	B	11	12	13	14	15	16	17
B	19	20	21	22	23	24	25	A	19	20	21	22	23	24	25	B	19	20	21	22	23	24	25	A	18	19	20	21	22	23	24
A	26	27	28	29	30	31	B	26	27	28	29	30	A	26	27	28	29	30	31	B	25	26	27	28	29	30	31				

  

February						May						August						November													
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
						1						1	2							1				1	2	3	4	5	6	7	
B	2	3	4	5	6	7	8	A	3	4	5	6	7	8	9	B	2	3	4	5	6	7	8	B	8	9	10	11	12	13	14
A	9	10	11	12	13	14	15	B	10	11	12	13	14	15	16	A	9	10	11	12	13	14	15	A	15	16	17	18	19	20	21
B	16	17	18	19	20	21	22	A	17	18	19	20	21	22	23	B	16	17	18	19	20	21	22	B	22	23	24	25	26	27	28
A	23	24	25	26	27	28	29	B	24	25	26	27	28	29	30	A	23	24	25	26	27	28	29	A	29	30					
							31																								

  

March							June							September							December										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
B	1	2	3	4	5	6	7	A	1	2	3	4	5	6	B	1	2	3	4	5	6	A			1	2	3	4	5		
A	8	9	10	11	12	13	14	B	7	8	9	10	11	12	13	A	6	7	8	9	10	11	12	B	6	7	8	9	10	11	12
B	15	16	17	18	19	20	21	A	14	15	16	17	18	19	20	B	13	14	15	16	17	18	19	A	13	14	15	16	17	18	19
A	22	23	24	25	26	27	28	B	21	22	23	24	25	26	27	A	20	21	22	23	24	25	26	B	20	21	22	23	24	25	26
B	29	30	31	A	28	29	30	B	27	28	29	30																			

     = Farm Closed    
      = All "A" Week deliveries

### Riverdog Farm Weekly CSA Payment Schedule 2020

Delivery Day	Tuesday	Quarter	Wednesday	Quarter	Thursday	Quarter	Friday	Quarter	Saturday	Quarter
January	96		96		96		96		96	
February	96		96		96		96		120	
March	120	312	96	288	96	288	96	288	96	312
April	96		120		120		96		96	
May	96		96		96		120		120	
June	120	312	96	312	96	312	96	312	96	312
July	96		120		120		120		120	
August	96		96		96		96		96	
September	120	312	120	336	96	312	96	312	96	312
October	96		96		120		120		120	
November	96		96		96		96		96	
December	72	264	72	264	72	288	72	288	72	288
<b>Annual Total</b>	<b>1,200</b>		<b>1,200</b>		<b>1,200</b>		<b>1,200</b>		<b>1,224</b>	
<b>Annual w/ D</b>	<b>1,152</b>		<b>1,152</b>		<b>1,152</b>		<b>1,152</b>			

Holiday No-Delivery Dates:  
 December 21 through January 1, 2020  
 Annual payers receive a \$48 discount (2 CSA boxes free).