



Riverdog Farm

June 8, 2020

# Riverdog Farm Veggie Box News

## Box Contents:

1 lb Royal Blenheim Apricots  
from Polestar Farm  
1 bu Carrots  
.75 lb Spinach OR 1 bu Parsley  
1 bu Curly Kale  
1 bu Red Torpedo Spring Onions  
1 hd Napa Cabbage  
1 bu Chioggia Beets

## Payment by mail is due by June 30<sup>st</sup> for July deliveries:

Tuesdays: \$96  
Wednesdays: \$120  
Thursdays: \$120  
Fridays: \$120  
Sat: \$120

## Thank you for your payment if already sent! Quarterly Payment Schedule:

### 2nd Quarter

Jul/Aug/Sept  
Tu/Thu/Fri/Sat: \$312  
Wed: \$336

### Annual Payment

\$1,152  
(This includes 2 free boxes!)

### Half-Year Payment \$576

(This includes 1 free box!)

To view the 2020  
Payment Schedule, A/B week  
schedule -  
Scroll to bottom of Newsletter

**Field Notes:** Mild weather is bringing June in beautifully. We have had a few days of strong winds but they have subsided. Wildfire season started early near Winters which is about 45 minutes south of the farm. We have worked hard to create defensible space around all of our farm buildings and homes. Because most of the fields surrounding the farm HQ are irrigated, the risk of fire is greatly minimized.

**Box Notes:** The Royal Blenheim Apricots are from Polestar Farm in Esparto. They are certified organic by Yolo County. We hope to also feature them in the CSA box next week. The apricots are best stored on the kitchen table where they will continue to ripen off the tree. The Red Torpedo Spring Onions is a crop we have grown for nearly 3 decades. It's an all time favorite of our restaurant, market, and CSA customers. As described by Kim Dieter in the SF Gate: "When you desire a mild and sweet-flavored onion, the red torpedo onion (*Allium cepa* var. *cepa* "Red Torpedo") is one type you'll want to consider. At maturity, the heirloom torpedo onion, which originated in the Italian region of Calabria, measures 6 to 8 inches long with a diameter of about 3 inches. They are aptly named with a torpedo shape and red to purple skin." We are harvesting them now as a spring onion and will let them cure to have later as a dry onion, if we have enough till they reach that stage. We like to thinly slice this onion to top a green salad, grill whole on the BBQ until blackened, or sauté with garlic to flavor greens, fish, meat or beans.

**Webstore Updates:** For the sauerkraut and kimchee lovers out there, Green Cabbage is now available on the webstore by the 40 lb case for \$35. We also have fresh garlic (not cured yet, but no longer green, the cloves have divided and have some paper layers that need to be peeled) by the 10 lb case for \$80. The fresh garlic keeps best refrigerated. In the pastured meat department, Pork and Chicken Broth, Pork Bones, and Pig Heads are available on the webstore. Please place webstore orders 48 hours prior to your delivery day to ensure same week delivery. Due to a limited supply of pastured hogs, the fresh pork cuts, sausage and bacon will only be available at farmer's markets at this time. We will update the webstore as product availability changes so please check it often.

Riverdog Farm has an active Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings posts and provide market/CSA updates.

When you pick up your CSA box, you may transfer the contents into your own bags and leave the box at the site for pick up by the driver the following week. Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to keep the end flaps from tearing. Slowly, bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

- **Thank you** for keeping the pick up sites tidy and for bringing the paper liners home to recycle. Our site hosts and delivery drivers appreciate your diligence with the upkeep of the sites.
- **Keeping it safe:** with the Shelter-in-Place order still in effect in Yolo County and throughout California, we continue to implement our COVID-19 prevention protocol on the farm per the CDC and Cal-OSHA recommended best practices. Prevention measures include: required face covering and glove wearing, 6 foot distancing in the workplace, employees are not allowed to work with symptoms of COVID-19 illness, increased frequency of hand-washing/hand sanitizing, and increased sanitizing of the packing shed high touch areas including stainless steel wash tubs, packing tables and walk-in cooler door handles.
- Because of the recent surge in CSA subscriber sign-ups, we have added new drop sites in **Berkeley, Piedmont, Oakland, and Woodland**. We also have a new drop site at **Zuni Café** in SF. Visit [www.riverdogfarm.com](http://www.riverdogfarm.com) to view the new sites to see if there is a location that is more convenient for you. You may change your pick up site 48 hours prior to delivery by logging into your account and selecting a new pick-up location.
- **Here are some updates/changes/reminders:**  
At this time, **new** chicken orders are not available via the CSA. The weekly chicken subscriptions and orders placed prior to 3/21/20 will be fulfilled. There is a waitlist for new chicken orders placed via the CSA after 3/21/20. You may purchase a whole Chicken at any one of the 3 markets in Berkeley or the 1 in Sacramento. First come, first serve.
- **New** egg orders and add-on dozens are not available at this time via the CSA. There is currently a waitlist for new egg orders/egg subscriptions. You may purchase eggs at the farmers markets in Berkeley and Sacramento when available. At markets, the eggs are available first come first serve.
- **New Egg Pick Up Procedure:** At each delivery site, the eggs will be in a box, with an open lid, with a list of names of those whom ordered eggs. Please look at the list, make sure your name is on that list, and only take a carton of eggs if your name is on that list. Please use a face covering and precaution while picking up your order. Please only touch the carton of eggs that you're picking up. Do not touch any other egg cartons. Do not open any egg cartons. To simplify the driver's deliveries, we are no longer labeling the egg cartons with subscriber names. Keep the site safe and tidy. Thank you!

- **Please take only the items that are yours.** Check order labels for your name and match them to the items listed on the sign-in sheet. If you inadvertently picked up an item that is not yours, let the farm know so we can let the member know and fix the issue. Please respect the site host's privacy when you pick up your order. Do not knock on the site host doors. Call or email the farm if you need assistance finding the boxes, if an item is missing from your order, or your name is the not on the sign-in sheet.
- **NEW** A/B subscriptions are no longer available. If you wish to skip weeks, use the delivery hold tab to skip the weeks you wish to not receive a box. To skip CSA Box deliveries, please login to your account and enter your skip weeks as a Monday-Friday selection: <http://www.riverdogfarm.com/csa> .
- **Take the brown paper box liner with you to recycle at home. Gently unfold the cardboard boxes and place in a stack with other cardboard boxes. Please help keep the site host space tidy and ready for the driver to pick up the following week.**
- For current A/B week subscribers please note that the delivery schedule is every other week. Some months may have 3 deliveries, some may only have 2 but the schedule is every-other-week for your deliveries. See below for the 2020 A/B schedule.
- **Reminder:** So your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your deliveries end, you **MUST** contact the farm through email to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time. If you wish to cancel your account, you may call or email the farm and we can cancel it for you.

**"Delivery hold"** is used for short periods of time – you use this option 48 hours in advance to schedule the deliveries you are unable to pick up.

**"Permanent Hold"** is used for long periods of time – you use this option if you are gone for extended periods of time and wish to resume your account when you get back. You must reinstate your status back to active when you return in order to resume deliveries.

**"Cancel"** is used to delete membership details, this means you would need to re-enter delivery status, subscriptions, and credit card information when you resume the Riverdog Farm CSA.

## Roasted Spring Torpedo Onions

From: <http://culinarygetaways.com/roasted-spring-torpedo-onions/>.

### Ingredients

extra virgin olive oil  
Coarse grey sea salt  
Freshly-cracked pepper  
Torpedo onions

### Instructions

Preheat the oven to 375 degrees Fahrenheit.

Prepare the baking dish by drizzling olive oil in the bottom of the dish. Tilt the dish from side to side to coat the bottom. Sprinkle the bottom with coarse sea salt.

Remove the green tops from the onions. Cut off the root end. Slice the onions in half lengthwise. Place them, cut side down, in a single layer in the bottom of the prepared baking dish. Brush the tops with olive oil. Season with freshly-cracked pepper. Cook for approximately 25 minutes or until the onions are tender and starting to brown.

## Simple Curly Kale and White Beans Soup

From: <http://allotment2kitchen.blogspot.com/2017/05/simple-curly-kale-and-white-bean-soup.html>.

Serves 4 generously

**Ingredients** 2 tablespoons olive oil

1 onion, finely minced  
2 garlic cloves, crushed  
2 carrot, half moon  
1 big leek, sliced [Or Red Torpedo Onion – RDF note]  
2 celery sticks, sliced  
Sprig of fresh thyme or 1/2 teaspoon dried thyme  
1 bay leaf  
1 pint vegetable stock  
100g kale, shredded  
1 x 400g white beans, drained and rinsed  
Salt and Pepper to taste

### Method

In a wide pan, heat oil, then stir in the onion and garlic and saute until translucent.

Then stir in the leeks, carrots and celery and cook for 10 minutes or until beginning to soften, before stirring in the thyme and bay leaf.

Cook for a couple of minutes, before stirring in the kale and stock.

Bring to the boil, then reduce heat and allow to simmer and cook until the kale is soft.

Finally stir in the beans, taste and adjust seasoning.

Simmer for a few more minutes for the beans to warm through.

Serve when ready to eat.

Red = no deliveries, farm closed  
 Yellow = "A" week deliveries  
 White = "B" week deliveries

## 2020

| January |    |    |    |    |    |    | April |    |    |    |    |    |    | July |    |    |    |    |    |    | October |    |    |    |    |    |    |    |    |    |    |
|---------|----|----|----|----|----|----|-------|----|----|----|----|----|----|------|----|----|----|----|----|----|---------|----|----|----|----|----|----|----|----|----|----|
| S       | M  | T  | W  | T  | F  | S  | S     | M  | T  | W  | T  | F  | S  | S    | M  | T  | W  | T  | F  | S  | S       | M  | T  | W  | T  | F  | S  |    |    |    |    |
|         |    |    | 1  | 2  | 3  | 4  |       |    |    | 1  | 2  | 3  | 4  |      |    |    | 1  | 2  | 3  | 4  |         |    |    |    |    | 1  | 2  | 3  |    |    |    |
| B       | 5  | 6  | 7  | 8  | 9  | 10 | 11    | A  | 5  | 6  | 7  | 8  | 9  | 10   | 11 | B  | 5  | 6  | 7  | 8  | 9       | 10 | 11 | A  | 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| A       | 12 | 13 | 14 | 15 | 16 | 17 | 18    | B  | 12 | 13 | 14 | 15 | 16 | 17   | 18 | A  | 12 | 13 | 14 | 15 | 16      | 17 | 18 | B  | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| B       | 19 | 20 | 21 | 22 | 23 | 24 | 25    | A  | 19 | 20 | 21 | 22 | 23 | 24   | 25 | B  | 19 | 20 | 21 | 22 | 23      | 24 | 25 | A  | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| A       | 26 | 27 | 28 | 29 | 30 | 31 | B     | 26 | 27 | 28 | 29 | 30 | A  | 26   | 27 | 28 | 29 | 30 | 31 | B  | 25      | 26 | 27 | 28 | 29 | 30 | 31 |    |    |    |    |

  

| February |    |    |    |    |    |    | May |   |    |    |    |    |    | August |    |   |    |    |    |    | November |    |    |   |    |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|-----|---|----|----|----|----|----|--------|----|---|----|----|----|----|----------|----|----|---|----|----|----|----|----|----|----|
| S        | M  | T  | W  | T  | F  | S  | S   | M | T  | W  | T  | F  | S  | S      | M  | T | W  | T  | F  | S  | S        | M  | T  | W | T  | F  | S  |    |    |    |    |
|          |    |    |    |    |    | 1  |     |   |    |    |    | 1  | 2  |        |    |   |    |    |    | 1  |          |    |    | 1 | 2  | 3  | 4  | 5  | 6  | 7  |    |
| B        | 2  | 3  | 4  | 5  | 6  | 7  | 8   | A | 3  | 4  | 5  | 6  | 7  | 8      | 9  | B | 2  | 3  | 4  | 5  | 6        | 7  | 8  | B | 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| A        | 9  | 10 | 11 | 12 | 13 | 14 | 15  | B | 10 | 11 | 12 | 13 | 14 | 15     | 16 | A | 9  | 10 | 11 | 12 | 13       | 14 | 15 | A | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| B        | 16 | 17 | 18 | 19 | 20 | 21 | 22  | A | 17 | 18 | 19 | 20 | 21 | 22     | 23 | B | 16 | 17 | 18 | 19 | 20       | 21 | 22 | B | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| A        | 23 | 24 | 25 | 26 | 27 | 28 | 29  | B | 24 | 25 | 26 | 27 | 28 | 29     | 30 | A | 23 | 24 | 25 | 26 | 27       | 28 | 29 | A | 29 | 30 |    |    |    |    |    |
|          |    |    |    |    |    |    |     | A | 31 | B  | 30 | 31 |    |        |    |   |    |    |    |    |          |    |    |   |    |    |    |    |    |    |    |

  

| March |    |    |    |    |    |    | June |   |    |    |    |    |    | September |    |   |    |    |    |    | December |    |    |   |    |    |    |    |    |    |    |
|-------|----|----|----|----|----|----|------|---|----|----|----|----|----|-----------|----|---|----|----|----|----|----------|----|----|---|----|----|----|----|----|----|----|
| S     | M  | T  | W  | T  | F  | S  | S    | M | T  | W  | T  | F  | S  | S         | M  | T | W  | T  | F  | S  | S        | M  | T  | W | T  | F  | S  |    |    |    |    |
| B     | 1  | 2  | 3  | 4  | 5  | 6  | 7    | A | 1  | 2  | 3  | 4  | 5  | 6         | B  | 1 | 2  | 3  | 4  | 5  | 6        | A  |    |   | 1  | 2  | 3  | 4  | 5  |    |    |
| A     | 8  | 9  | 10 | 11 | 12 | 13 | 14   | B | 7  | 8  | 9  | 10 | 11 | 12        | 13 | A | 6  | 7  | 8  | 9  | 10       | 11 | 12 | B | 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| B     | 15 | 16 | 17 | 18 | 19 | 20 | 21   | A | 14 | 15 | 16 | 17 | 18 | 19        | 20 | B | 13 | 14 | 15 | 16 | 17       | 18 | 19 | A | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| A     | 22 | 23 | 24 | 25 | 26 | 27 | 28   | B | 21 | 22 | 23 | 24 | 25 | 26        | 27 | A | 20 | 21 | 22 | 23 | 24       | 25 | 26 | B | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| B     | 29 | 30 | 31 | A  | 28 | 29 | 30   | B | 27 | 28 | 29 | 30 |    |           |    |   |    |    |    |    |          |    |    |   |    |    |    |    |    |    |    |

  = Farm Closed    
   = All "A" Week deliveries

### Riverdog Farm Weekly CSA Payment Schedule 2020

| Delivery Day        | Tuesday      | Quarter | Wednesday    | Quarter | Thursday     | Quarter | Friday       | Quarter | Saturday     | Quarter |
|---------------------|--------------|---------|--------------|---------|--------------|---------|--------------|---------|--------------|---------|
| January             | 96           |         | 96           |         | 96           |         | 96           |         | 96           |         |
| February            | 96           |         | 96           |         | 96           |         | 96           |         | 120          |         |
| March               | 120          | 312     | 96           | 288     | 96           | 288     | 96           | 288     | 96           | 312     |
| April               | 96           |         | 120          |         | 120          |         | 96           |         | 96           |         |
| May                 | 96           |         | 96           |         | 96           |         | 120          |         | 120          |         |
| June                | 120          | 312     | 96           | 312     | 96           | 312     | 96           | 312     | 96           | 312     |
| July                | 96           |         | 120          |         | 120          |         | 120          |         | 120          |         |
| August              | 96           |         | 96           |         | 96           |         | 96           |         | 96           |         |
| September           | 120          | 312     | 120          | 336     | 96           | 312     | 96           | 312     | 96           | 312     |
| October             | 96           |         | 96           |         | 120          |         | 120          |         | 120          |         |
| November            | 96           |         | 96           |         | 96           |         | 96           |         | 96           |         |
| December            | 72           | 264     | 72           | 264     | 72           | 288     | 72           | 288     | 72           | 288     |
| <b>Annual Total</b> | <b>1,200</b> |         | <b>1,200</b> |         | <b>1,200</b> |         | <b>1,200</b> |         | <b>1,224</b> |         |
| <b>Annual w/ D</b>  | <b>1,152</b> |         | <b>1,152</b> |         | <b>1,152</b> |         | <b>1,152</b> |         |              |         |

Holiday No-Delivery Dates:  
 December 21 through January 1, 2020  
 Annual payers receive a \$48 discount (2 CSA boxes free).