



Riverdog Farm

March 16, 2020

Riverdog Farm Veggie Box News

Box Contents:

1 bu Spring Onions
2 lb Mandarins
2 lb Yukon Gold
0.75 lb Baby Romaine
1 lb Scarlet Queen Turnips
1 bu Cilantro
1 bu Curly Kale

Payment by mail is due by March 31st for April deliveries:

Tuesdays: \$120
Wednesdays: \$96
Thursdays: \$96
Fridays: \$96
Sat: \$96

Thank you for your payment if already sent!

Quarterly Payment Schedule:

1st Quarter
Apr/May/Jun
Wed/Thu/Fri: \$312
Tue/Sat: \$312

Annual Payment
\$1,152
(This includes 2 free boxes!)

Half-Year Payment
\$576
(This includes 1 free box!)

**To view the 2020
Payment Schedule,
go to the bottom of this page**

Riverdog Farm will continue deliveries of the CSA veggie boxes, eggs, and pork and web orders to the drop sites. We would like to inform our members that we are taking precautionary measures to ensure the health and safety of our farm employees, community and our customers. We are a CCOF certified organic farm. We are also certified annually for Good Agricultural Practices standards (GAP), a food safety certification program conducted by CCOF. Riverdog Farm employees are trained annually in safe food handling practices. It's our policy for farm employees who may have symptoms of illness to stay home.

To continue to support the farm during these challenging times please consider boosting your weekly subscription to include eggs, pastured meat and/or increase your order to 2+ veggie boxes:

- Add Riverdog Farm CCOF certified organic **eggs** to your weekly or bi-weekly CSA delivery. Just follow this link: <https://csa.farmigo.com/account/riverdogfarmcsa>
- Chickens are now available. They range from 3-6 lbs.
- Asparagus is available at the markets this week. Then it will be included in the CSA veggie boxes, when we have enough for each veggie box.
- Carrots will be harvested and available at markets the week of the 23rd. You can pick these up and our other veggies at the 3 Berkeley markets on Tuesday, Thursday or Saturday, and the Sunday market in Sacramento.
- Holiday hams are now available. We have a limited supply. Place your order now for delivery with your next CSA order or pick up at market or email the farm - csa@riverdogfarm.com to reserve one. Place your orders for spring hams by 9:00 am, Monday April 6, 2020 for timely delivery. We have a limited supply of hams so please place your order early. The weight range is 8.93 -11.5 lbs per ham. Riverdog Farm hams are smoked and cured at Roundman's in Ft. Bragg. They are delivered frozen, in a cooler, to your CSA delivery site. Please return the cooler to the drop site the following week or leave it there at the time of your order pick up.

The mandarins are from Gold Oak Ranch and are CCOF-certified organic.

Field Notes: Rain, Rain, come and stay... a major change in the weather pattern is ahead, looks like rain in Northern California all week! We are very pleased about the weather forecast. It also looks there will be some frost which enhances the sweetness of all the winter crops. We started to transplant 15 varieties of tomatoes. They will be frost-protected with overhead irrigation lines.

Reminder: Please make sure your credit card on file is updated on your CSA account so your subscription continues uninterrupted.

Scarlet Queen Red Turnip Salad

From: <https://dunkandcrumble.com/2012/08/08/scarlet-queen-red-turnip-salad/>

1 small bunch Scarlet Queen Red turnips, washed and sliced into 1/4-inch thick rounds
1/2 medium cucumber, largely diced (1/2-inch cubes)
3 scallions, light green and white parts only, sliced thinly into rounds
1/4 cup shelled pistachios
1/4 cup crumbled feta cheese
salt and pepper, to taste
juice of 1 lemon
3 tablespoons extra virgin olive oil

In a medium salad bowl, combine the turnips, cucumber, scallion, and pistachios. Sprinkle feta cheese on top, as well as a big pinch each of salt and black pepper. Drizzle lemon juice and olive oil over salad, and toss gently to combine.

Serve immediately (if you need to make the salad ahead of time, combine everything but the feta, salt, pepper, lemon juice and olive oil — add these ingredients just before serving).

Spring Onion and Potato Soup

From : <https://www.archanaskitchen.com/spring-onion-soup>

2 tablespoons Butter
1 cup Spring Onion (Bulb & Greens) , chopped
5 cups Water , or vegetable broth
1 Potato (Aloo) , boiled & peeled
Salt and Pepper , to taste
Coriander (Dhania) Leaves , small bunch, freshly chopped or mint leaves

To begin making the Potato and Spring Onion Soup Recipe, we will first cook the spring onions.

In a heavy-bottomed sauce pan, melt the butter and add the onions, along with salt and pepper to taste. Saute for a few minutes, until the onions are softened, then add broth/water and bring the mixture to a boil. Reduce heat, cover, and allow to simmer for 10 minutes.

Puree the onion mixture, along with the boiled potato in a food processor or blender until smooth, then put the soup back in the pot, and bring the soup to a brisk boil.

Adjust the salt and pepper to suit your taste and garnish with coriander or mint leaves.

Serve the Potato and Spring Onion Soup along with with Cheesy Bruschetta With Capsicum And Tomatoes Recipe and Lip Smacking Lemonade Cupcake Recipe for dinner on cold winter nights or even on a rainy day of monsoons.

Note: adjust the consistency of the soup by adding little less or more of the stock/ water. I personally like the soups to be on the thinner side and hence add a more stock.

Cool Mandarin Dessert

From: <https://www.tasteofhome.com/recipes/cool-mandarin-dessert/>

1 can (11 ounces) mandarin oranges (RDF edit: Fresh Mandarins)
2 packages (.3 ounce each) sugar-free orange gelatin
2 cups boiling water
1 pint orange sherbet, softened
Fresh mint, optional

Drain oranges, reserving the juice, add enough water to juice to measure 1 cup. Refrigerate the oranges.

In a large bowl, dissolve gelatin in boiling water. Stir in reserved juice. Add sherbet, stirring until dissolved. Refrigerate for 1 hour or until thickened.

Keep 10 orange segments refrigerated for garnish. Fold remaining oranges into gelatin mixture; cover and refrigerate overnight. Just before serving, garnish with reserved oranges and mint if desired.

Red = no deliveries, farm closed

Yellow = "A" week deliveries

White = "B" week deliveries

2020

January							April							July							October						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1 2 3 4							1 2 3 4							1 2 3 4							1 2 3						
B 5	6	7	8	9	10	11	A 5	6	7	8	9	10	11	B 5	6	7	8	9	10	11	A 4	5	6	7	8	9	10
A 12	13	14	15	16	17	18	B 12	13	14	15	16	17	18	A 12	13	14	15	16	17	18	B 11	12	13	14	15	16	17
B 19	20	21	22	23	24	25	A 19	20	21	22	23	24	25	B 19	20	21	22	23	24	25	A 18	19	20	21	22	23	24
A 26	27	28	29	30	31	B 26	27	28	29	30	A 26	27	28	29	30	31	B 25	26	27	28	29	30	31				

February							May							August							November						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1							1 2							1							1 2 3 4 5 6 7						
B 2	3	4	5	6	7	8	A 3	4	5	6	7	8	9	B 2	3	4	5	6	7	8	B 8	9	10	11	12	13	14
A 9	10	11	12	13	14	15	B 10	11	12	13	14	15	16	A 9	10	11	12	13	14	15	A 15	16	17	18	19	20	21
B 16	17	18	19	20	21	22	A 17	18	19	20	21	22	23	B 16	17	18	19	20	21	22	B 22	23	24	25	26	27	28
A 23	24	25	26	27	28	29	B 24	25	26	27	28	29	30	A 23	24	25	26	27	28	29	A 29	30					
31							31							30 31													

March							June							September							December						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1 2 3 4 5 6 7							1 2 3 4 5 6							1 2 3 4 5							1 2 3 4 5						
A 8	9	10	11	12	13	14	B 7	8	9	10	11	12	13	A 6	7	8	9	10	11	12	B 6	7	8	9	10	11	12
B 15	16	17	18	19	20	21	A 14	15	16	17	18	19	20	B 13	14	15	16	17	18	19	A 13	14	15	16	17	18	19
A 22	23	24	25	26	27	28	B 21	22	23	24	25	26	27	A 20	21	22	23	24	25	26	B 20	21	22	23	24	25	26
B 29	30	31	A 28	29	30	B 27	28	29	30								27 28 29 30 31										

 = Farm Closed
 = All "A" Week deliveries

Riverdog Farm Weekly CSA Payment Schedule 2020

Delivery Day	Tuesday	Quarter	Wednesday	Quarter	Thursday	Quarter	Friday	Quarter	Saturday	Quarter
January	96		96		96		96		96	
February	96		96		96		96		120	
March	120	312	96	288	96	288	96	288	96	312
April	96		120		120		96		96	
May	96		96		96		120		120	
June	120	312	96	312	96	312	96	312	96	312
July	96		120		120		120		120	
August	96		96		96		96		96	
September	120	312	120	336	96	312	96	312	96	312
October	96		96		120		120		120	
November	96		96		96		96		96	
December	72	264	72	264	72	288	72	288	72	288
Annual Total	1,200		1,200		1,200		1,200		1,224	
Annual w/ D	1,152		1,152		1,152		1,152			

Holiday No-Delivery Dates:

December 21 through January 1, 2020

Annual payers receive a \$48 discount (2 CSA boxes free).