

Riverdog Farm February 22, 2021

Riverdog Farm Veggie Box News

Box Contents:

2 lbs Tango Mandarins 2 lbs Fuji Apples 2-3 heads Romanesco or Cauliflower 2 hds Red Leaf 1 bu Dino Kale 1 bu Red Spring Onions 1 lb Red Daikon Radish

Payment by mail is due by February 28th for March deliveries:

All Boxes \$30

Tuesdays: \$120 Wednesdays: \$120 Thursdays: \$120 Fridays: \$120 Sat: \$120 Sun: \$120

Thank you for your payment if already sent!

2021

Quarterly Payment Schedule:

1st Quarter

Jan/Feb/March Tu/Wed: \$390

Th/Fri/Sat/Sun: \$360

Annual Payment

\$1,440

(This includes 2 free boxes!)

Half-Year Payment \$720

(This includes 1 free box!) To view the 2020 AND the 2021 A/B week schedule:

Scroll to bottom of Newsletter for annual calendar

Box Notes: The Tango Mandarins are CCOF-certified organic from Gold Oak Ranch. They are a tangy-er, tighter-peel mandarin, great juicing mandarins or for fresh eating. The Fuji apples are from Smit Farm, also CCOF-certified organic. The mandarins, Blue Heron Farm oranges and Fuji apples are available by the case on the webstore. Please place your order 48 hours prior to your delivery day. The Romanesco is a broccoli/cauliflower relative, in the brassica plant family. It's delicious raw in salads, steamed, roasted or added to vegetable soup where you would use broccoli. Use the spring onions raw or cooked. They are mild and add a springtime allium flavor to eggs, green salad or

Field Notes: It's almond blossom time and the bees are in pollination frenzy! The valley is filled with the beautiful white/pale pink blossoms blanketing the almond trees like snow. Every year for over a century, the last weekend in February is a time to celebrate the almond blossoms. This year, due to COVID restrictions, there's no official gathering places or prepared food sales but the blossoms continue in all their glory.

For 2021, there's space for new CSA members to join. Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

Webstore Features:

- Navel Oranges: from Blue Heron Farm, CCOF-certified organic 10 lbs for
- Fuji Apples: CCOF-certified organic from Smit Farms, 10 lb case for \$25
- Pastured Whole Chickens and Pastured Pork Cuts
- Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case. Visit: https://csa.farmigo.com/store/riverdogfarmcsa to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

Announcement for Chicken subscribers and for folks ordering chickens from the webstore: you now have the ability to specify your preferred chicken weight. There are several weights listed to choose from: 3.5 lbs to 6.5 lbs, by the ½ lb increment. Please login to your account and select the size you'd like. You can change the size as needed but once selected, that will be the approximate weight you receive. Make any changes by noon 48 hours before your deliver day. Thank you!

The weekly box contents are subject to change. We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

Please pick up your veggie box on your delivery day. Please pick up your CSA order on your delivery day so that it stays fresh and we can ensure quality. CSA site hosts may donate any unclaimed items no sooner than 24 hours after the original pick up day and time week of 3pm. After 24 hours (3pm the following day) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order.

New CSA Announcements:

- 1. Chicken subscriptions are available AND now you can choose a desired weight in whole numbers between 3lbs and 6lbs. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.
- 2. Webstore Orders: There are chickens available on the web store. Try out a chicken with no subscription commitment. If you like it then add it to your account as a weekly subscription. There are also a limited supply of half, smoked hams available.

Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their veggie boxes.

Please check your CSA account for the most up-to-date information such as your next delivery from our farm.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to keep the end flaps from tearing. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

<u>Give your account 48 hours to update when making changes</u>. For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

Frog Hollow Farm Fruit Box The weekly fruit box is **\$29.75**. To add the Frog Hollow Fruit box to your weekly subscription, 1) go to your CSA account.

- 2) Log in then look at the right side of your page at the summary box at the bottom of that box is your subscription with a darker green box that says "change". Click on change.
- 3) Below the title "CHANGE SUBSCRIPTION" you have 2 tabs Click on the -options- tab. You will see the Frog Hollow Fruit box available to add.
- 4) ALL orders must be in by Sunday at NOON so we have the ability to process the order and deliver it.

The Frog Hollow fruit box will be available to add to your CSA account from Thursday to Sunday by NOON. Due to logistics, the Frog Hollow Fruit Boxes will only be available to the Wednesday/Thursday/Friday subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box, if you enter a hold any time after that, we can cancel delivery of the box, but your account will still be charged the full amount for the Fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm, ethos, fruits and recommendations: www.froghollow.com

- **Keeping it safe**: with the Shelter-in-Place order still in effect in Yolo County, we continue to implement our COVID-19 prevention protocol on the farm per the CDC and Cal-OSHA recommended best practices. Prevention measures include: required face covering and glove wearing, 6-foot distancing in the workplace, hand sanitation and employees are not allowed to work with symptoms of COVID-19.
- Reminder: So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, you MUST contact the farm through email to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.

- Please pick up your veggie box on your delivery day. It's important to pick up your veggie box the day of delivery to maintain freshness.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!
- "Delivery hold" is used for short periods of time use this option 48 hours in advance to schedule the deliveries you are unable to pick up.
- <u>"Permanent Hold</u>" is used for long periods of time use this option if you are gone for extended periods of time and wish to resume your account when you get back. You must change your status to "active" when you return in order to resume deliveries.
- "Cancel" is used to delete membership details, this means you would need to re-enter delivery status, subscriptions, and credit card information when you resume the Riverdog Farm CSA.

French Winter Salad

By David Lebovitz from his book *My Paris Kitchen* and on Instagram https://www.instagram.com/p/CLND2ANKRRX/.

RDF Note: This salad dressing is wonderful on any lettuce salad. It's known for complimenting escarole, radicchio, and Belgian endives. I mistakenly bought Crème Fraiche thinking it was Fromage Blanc and it worked too, as a substitute for the Fromage Blanc. Top with bits of bacon and crumbled hard-boiled eggs to turn this salad into a filling meal. I highly recommend David Lebovitz's website as it is chock-full of wonderful vegetable-focused recipes and witty commentary. He was a former pastry chef at the acclaimed Chez Panisse Restaurant in Berkeley and now lives in Paris where he writes recipe books and does Instagram live videos about his food and drink creations.

Mix together by stirring:

- 1 cup (250g) Greek yogurt or fromage blanc
- 5 oz (130g) crumbled Roquefort (or another blue cheese)
- 2 tablespoons minced chives
- 1 tablespoon fresh lemon juice
- 1 teaspoon sea salt (use less as your salt made be saltier and you can add a bit more later)
- Some freshly cracked black pepper

Slice 1 pound (450g, 6-8 spears) Belgian endive into batons and toss in the dressing. Serve topped with additional minced chives and pepper. The salad doesn't keep well and this serves 4 but you can easily cut it in half

Yellow = "A" week deliveries, White = "B" week deliveries

Farm Closed for the CSA Deliveries from December 24, 2021 - January 3, 2022

