



Riverdog Farm

January 31, 2022

Riverdog Farm Veggie Box News

Box Contents:

2 lbs Washington Navels
1 lb Loose Carrots
2 hds Red Batavia Lettuce
0.75 lbs Romanesco
1.5 lbs Yellow Finn (Golden Globe)
1 hd Bok Choi

Payment by mail is due by January 31th for February deliveries: All Boxes \$30

Tuesdays: \$120
Wednesdays: \$120
Thursdays: \$120 Fridays:
\$120 Sat: \$120
Sun: \$120

Thank you for your payment if already sent!

2022 Quarterly Payment
Schedule: **1st Quarter**
Jan/Feb/March
Tues/Wed/Thurs: \$390
Fri/Sat/Sun: \$360

Annual Payment \$1,440
(This includes 2 free boxes!)
Half-Year Payment \$720
(This includes 1 free box!)

To view the 2022
A/B alternate week schedule:
**Scroll to bottom of Newsletter
for annual calendar**

Box Notes: Eat your greens! There is cauliflower and Romanesco greens in this CSA box, which are delicious. Recipe to follow...

Field Notes: Irrigation crews are working full tilt but we are making good use of the sunny days. Potatoes for the May/June harvest are going in on Friday and Saturday. More cabbage, kale and broccoli transplanting and direct seeding are all happening over the next week. Sheep are also grazing down grassy alfalfa fields which are dormant. If we get rain we will replant or over-seed more alfalfa in those fields as we had to abandon them last summer when the creek went dry.

Webstore Features:

- **All pastured meat orders are delivered frozen to your delivery site or to one of the 4 weekly farmers markets nearest you.**
- **Smoked/Cured Hams: Order pastured hams for holiday celebrations by emailing csa@riverdogfarm.com**
- **Pasture Raised Whole Chickens**
- **Pasture Raised Pork Cuts and Pork Shares**
- **Pasture Raised Lamb Cuts - Coming Soon!**
- **Variety of Sausages**
- **Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.**

Please check your CSA account for the most up-to-date information such as your next CSA delivery date and payment status.

Frog Hollow Farm Fruit Boxes are available to add to your subscription: \$33.25 per fruit box. Email the CSA manager at CSA@riverdogfarm.com to get a box. ALL orders need to be in by Monday morning at 8AM – that is when FROG HOLLOW box numbers are finalized and sent. See Frog Hollow info below to learn more about their fruit boxes.

Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers with a reminder email to pick up their CSA orders.

Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

* YEARLY subscription that needs to end early will be charged at the \$30 box

price for boxes already delivered (not to exceed the original purchase price) and the balance may be refunded back to the card of original purchase or a check will be sent to the Member.

* MONTHLY subscribers –Please finish your subscription commitment. If your balance does not reach \$0, then the remaining amount – below \$29 - may be refunded back to the credit card or in the form of a check. You can also choose to donate your remainder to the farm. When your balance reaches \$0, then you have fulfilled your subscription commitment and your account will automatically go to “permanent hold” status.

* You are able to re-subscribe at any time. Subscribers who are set up for recurring payments need to **turn off** recurring payments in order to make any cancellations to your account. You must do this on your account before the last delivery is made.

- PLEASE note if your subscription has recurring payments as this can affect the amount of deliveries you are expected to receive. Such as; 4 week delivery plans with some months having 5 weeks.
- Your subscriptions and pre-payments are greatly appreciated. To make this CSA program successful, we count on your advance payment to plan our seed ordering, planting seasons and harvest amounts.
- To ensure that your subscription continues uninterrupted, please make sure your payment is up current on your CSA account. You may also put your account on a DELIVERY HOLD if you will be gone for 1 delivery or periods of time. Your balance will be the same when you return.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

Thank you for your understanding and cooperation.

Special Request: We'd like to encourage subscribers to switch to paying by check instead of credit card as this will reduce the fees that our CSA platform (Farmigo) charges the farm. You can schedule a monthly or quarterly auto-payment by check via your bank. Your bank then mails us a paper check on a schedule that you specify. Thank you for considering this special request.

Please pick up your veggie box on your delivery day so that it stays fresh and we can ensure quality. **During the hot days of summer, the earlier you are able to pick up the better**

****Riverdog will not give refunds for any missing items/quality issues for pickups made the day after delivery day.**** CSA site hosts may donate any unclaimed items after 24 hours (3pm following the day of original pickup time) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order. **Missing items/quality issues must be emailed within 24 hours of pick up day and time slot for refund consideration.** Please include a photo of any quality issues. We appreciate your feedback.

Reminder: A/B delivery schedules are every other week. They aren't always 1st/3rd or 2nd/4th weeks due to some months having 5 weeks. **Make sure your name is on the list AND you only take the items listed next to your name.**

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

The weekly box contents are subject to change (from the box contents listed in the weekly newsletter). We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

Chicken Announcements:

1. Chicken subscriptions are available. You can choose a desired weight between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The whole chickens (without head and feet) are \$8.50 per lb. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.

2. Webstore Orders: There are whole chickens and ½ smoked chickens available on the web store. Try out a chicken with no subscription commitment. If you like it, add it to your account as a weekly subscription.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please collapse your box carefully to prevent tearing of the end flaps. Slowly bend the two end panels towards the outer ends first then flatten the whole box by gently folding the rest.

Give your account 48 hours to update when making changes. For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

The Frog Hollow fruit box is available to add to your CSA account. Due to logistics, the Frog Hollow Fruit Boxes are only available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box. If you enter a hold any time after that, we can cancel delivery of the box, but your account may still be charged the full amount for the fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree-ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm philosophy, fruits and recommendations: www.froghollow.com.

Reminder: So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, email the farm to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.

For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

Roasted Cauliflower Leaves with Soy Sauce, Garlic, and Spring Onions

<https://eatdrinkbetter.com/articles/got-more-leaves-than-cauliflower-roast-the-whole-vegetable-with-soy-garlic-and-spring-onions/>

What You Need:

Cauliflower (with leaves!)
Soy Sauce
Four Cloves of Garlic
Spring Onions (generally known in the U.S. as scallions or green onions)
Sesame Oil or Olive Oil (I used a bit of both)
Salt and Pepper

What To Do:

1. Pre-heat the oven at 200 °C/400°F (that's an approximation as the numbers aren't really visible on my confusing British stove).
2. Wash the cauliflower and leaves and cut into bite-size pieces, discarding the toughest outer layer of leaves.
3. Smash a few cloves of garlic and chop them coarsely. Chop some spring onions as well.
3. Toss the garlic, onions, and cauliflower with a generous splash of soy sauce and oil in a roasting pan. Sprinkle with salt and pepper.
4. Place the uncovered roasting pan in the oven for about 20 minutes, or until the green leaves crisp up and both the florets and the thicker stalks are tender and can be pierced easily with a fork.
5. Enjoy!

2022 Calendar

ALL green highlighted areas are the "A" week schedule

ALL other weeks are the "B" week schedule

JANUARY

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY

S	M	T	W	T	F	S
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12	13	14	15	16	17	18
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MARCH

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APRIL

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MAY

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29	30	31				

JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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