

Riverdog Farm January 24, 2022

Riverdog Farm Veggie Box News

Box Contents:

2 lbs Tango Mandarins
1 lb Nantes Loose Carrots
1 hd Cone Cabbage
1 bu Spring Onions
1-2 pcs Butternut Squash
2 hds Red Batavia Lettuce
1 lb Cauliflower

Payment by mail is due by January 31th for February deliveries: All Boxes \$30

Tuesdays: \$120 Wednesdays: \$120 Thursdays: \$120 Fridays: \$120 Sat: \$120 Sun: \$120

Thank you for your payment if already sent!

2022 Quarterly Payment Schedule: **1st Quarter** Jan/Feb/March Tues/Wed/Thurs: \$390 Fri/Sat/Sun: \$360

Annual Payment \$1,440 (This includes 2 free boxes!)
Half-Year Payment \$720 (This includes 1 free box!)

To view the 2022
A/B alternate week schedule:
Scroll to bottom of Newsletter
for annual calendar

Box Notes: Carrots are loose this week. – We are thinking of some creative ways to work more efficiently on the farm and cutting the greens off the carrots could be one of them. It takes more time and labor to bunch the carrots – would you miss the greens? Please let me know. EGGS are back. You can now add them to your weekly subscription.

Field Notes: It was quite windy this weekend. We are planting carrots and beets on Monday for harvesting in late April/May. Tuesday we will plant spinach, arugula, braising mix ... all the spring greens; they will be ready around late March. The greenhouse is full of broccoli, cauliflower and cabbage but not quite ready to transplant. We planted more peas! We are hoping the promised rain will come this week or else we will be irrigating with gusto.

Special Request: We'd like to encourage subscribers to switch to paying by check instead of credit card as this will reduce the fees that our CSA platform (Farmigo) charges the farm. You can schedule a monthly or quarterly auto-payment by check via your bank. Your bank then mails us a paper check on a schedule that you specify. Thank you for considering this special request.

Webstore Features:

- All pastured meat orders are delivered frozen to your delivery site or to one of the 4 weekly farmers markets nearest you.
- Smoked/Cured Hams: Order pastured hams for holiday celebrations by emailing csa@riverdogfarm.com
- Pasture Raised Whole Chickens
- Pasture Raised Pork Cuts and Pork Shares
- Pasture Raised Lamb Cuts NEW!
- Sausages
- Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.

Please check your CSA account for the most up-to-date information such as your next CSA delivery date and payment status.

Frog Hollow Farm Fruit Boxes are available to add to your subscription: \$33.25 per fruit box. Email the CSA manager at CSA@riverdogfarm.com to get a box. ALL orders need to be in by Monday morning at 8AM – that is when FROG HOLLOW box numbers are finalized and sent. See Frog Hollow info below to learn more about their fruit boxes.

Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers with a reminder email to pick up their CSA orders.

Visit: https://csa.farmigo.com/store/riverdogfarmcsa to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

- * YEARLY subscription that needs to end early will be charged at the \$30 box price for boxes already delivered (not to exceed the original purchase price) and the balance may be refunded back to the card of original purchase or a check will be sent to the Member.
- * MONTHLY subscribers –Please finish your subscription commitment. If your balance does not reach \$0, then the remaining amount below \$29 may be refunded back to the credit card or in the form of a check. You can also choose to donate your remainder to the farm. When your balance reaches \$0, then you have fulfilled your subscription commitment and your account will automatically go to "permanent hold" status.
- * You are able to re-subscribe at any time. Subscribers who are set up for recurring payments need to turn off recurring payments in order to make any cancellations to your account. You must do this on your account before the last delivery is made.
- PLEASE note if your subscription has recurring payments as this can affect the amount of deliveries you are expected to receive. Such as; 4 week delivery plans with some months having 5 weeks.
- •Your subscriptions and pre-payments are greatly appreciated. To make this CSA program successful, we count on your advance payment to plan our seed ordering, planting seasons and harvest amounts.
- •To ensure that your subscription continues uninterrupted, please make sure your payment is up current on your CSA account. You may also put your account on a DELIVERY HOLD if you will be gone for 1 delivery or periods of time. Your balance will be the same when you return.
- •For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

Thank you for your understanding and cooperation.

Please pick up your veggie box on your delivery day so that it stays fresh and we can ensure quality. During the hot days of summer, the earlier you are able to pick up the better

Riverdog will not give refunds for any missing items/quality issues for pickups made the day after delivery day. CSA site hosts may donate any unclaimed items after 24 hours (3pm following the day of original pickup time) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order. Missing items/quality issues must be emailed within 24 hours of pick up day and time slot for refund consideration. Please include a photo of any quality issues. We appreciate your feedback.

Reminder: A/B delivery schedules are every other week. They aren't always 1st/3rd or 2nd/4th weeks due to some months having 5 weeks. **Make sure your name is on the list AND you only take the items listed next to your name**.

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

The weekly box contents are subject to change (from the box contents listed in the weekly newsletter). We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

Chicken Announcements:

- 1. Chicken subscriptions are available. You can choose a desired weight between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The whole chickens (without head and feet) are \$8.50 per lb. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.
- 2. Webstore Orders: There are whole chickens and $\frac{1}{2}$ smoked chickens available on the web store. Try

out a chicken with no subscription commitment. If you like it, add it to your account as a weekly subscription.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please collapse your box carefully to prevent tearing of the end flaps. Slowly bend the two end panels towards the outer ends first then flatten the whole box by gently folding the rest.

Give your account 48 hours to update when making changes. For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

The Frog Hollow fruit box is available to add to your CSA account. Due to logistics, the Frog Hollow Fruit Boxes are only available to the Wednesday/Thursday/Friday subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box. If you enter a hold any time after that, we can cancel delivery of the box, but your account may still be charged the full amount for the fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree-ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm philosophy, fruits and recommendations: www.froghollow.com.

Reminder: So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, email the farm to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.

For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

Roasted Cauliflower & Butternut Squash Tacos

https://www.everylastbite.com/cauliflower-butternut-tacos/

Ingredients

Roasted Cauliflower & Butternut Squash

- 1 small head cauliflower cut into small florets
- 1 1/2 cups cubed butternut squash
- 1/3 cup olive oil
- 1 tbsp lime juice
- 1 tsp paprika
- 1 tsp coriander
- 2 tsp cumin
- 1/2 tsp salt
- 1/2 tsp chili powder
- 2 cloves garlic minced

Jalapeno Cilantro Sauce

- 1/3 cup <u>mayonnaise</u>
- 1/4 cup cilantro
- 1 jalapeno (more or less depending on desired spiciness)
- 1 tsp lime juice

Other Toppings

- 2 cups shredded cabbage
- 1 avocado cut into cubes
- 1 tomato roughly chopped
- 1/2 red onion thinly sliced

Instructions

Roasted Cauliflower & Butternut Squash

- 1. Preheat the oven to 400 degrees Fahrenheit (205 degrees Celsius)
- 2. Add the cauliflower florets and cubed butternut squash to a bowl and pour the oil and lime juice overtop.
- 3. Next add in the spices and minced garlic and use your hands to toss the vegetables to ensure they are all well coated in the spices. Lay all of the vegetables out evenly on a baking sheet and bake in the oven for 20 minutes.

Celery Root Tortillas

- 1. Cut both ends off of the celery root so that it can sit flat. Then using a sharp knife, cut off the outer peel all the way around.
- 2. Cut the celery root into slices that are as thin as possible. once you have cut all of the slices, lay each one flat on a cutting board and run your knife over the surface to shave down any of the thicker parts so that it is very thin.
- 3. Place the slices on a sandwich press or grill pan on medium high heat and cook for approximately 4 minutes (2 minutes per side on the grill pan) until the slices are soft and pliable. Remove from the grill and repeat with the remaining slices.

Jalapeno Cilantro Sauce

1. In a blender combine the mayonnaise, cilantro, lime juice and jalapeno and blend until completely smooth. Taste and adjust by adding more lime, cilantro etc as desired.

Taco Assembly

Top each warm grilled tortilla (or lettuce cup) with a large spoonful of shredded cabbage and 2 large scoops of the roasted vegetables. Top with chopped avocado, tomatoes, sliced red onion and finally a drizzle of the Jalapeno Cilantro Sauce. Enjoy!

Notes

* Celery root tortillas can be substituted for lettuce cups or regular tortillas depending on your diet.

2022 Calendar ALL green highlighted areas are the "A" week schedule ALL other weeks are the "B" week schedule

JANUARY							FEBRUARY								MARCH								APRIL						
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