

Riverdog Farm Veggie Box News
PO Box 42 Guinda, CA 95637
(530) 796-3802

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www.riverdogfarm.com
csa@riverdogfarm.com

Box Contents:

1 bu Asparagus
1 bu Fennel
1 bu Beets
1 bu Carrots
2-3 Leeks
1 bu Chard
1 bu Spinach
1 hd Cauliflower

Field Notes: A misty blanket of fog is hovering over the valley this morning. Cooler weather and some showers are expected this week. The gray light brings out the spectrum of green foliage of the plants on the hillsides. Oaks are showing their first pale green leaves. According to our wise farmer friend Buster, it is time to plant corn when the leaves of the oak trees are as big as a rat's ear. Based on his recommended corn planting time, we are a bit behind schedule but hope to get to corn planting early next week. The tomatoes need to happen first, before the corn, so that they'll be ready to harvest in early July. This week's moisture will help the recently transplanted tomato plants establish their root system. Tomatoes have a unique ability to form roots along the stem

where the stem is below the soil surface. During the tomato transplanting process, it's ok if each young plant's stem is placed slightly below the soil surface; this helps the plant anchor itself well and reduces the shock of moving from the shelter of the greenhouse out into the real world.

Box notes: Steamed cauliflower by itself at this time of year is tender and mild. Prepare it as a warm side dish with dinner. Or break into curds raw, chop the carrots into small rounds and toss with vinaigrette for a crunchy lunch salad. Spring beet tops and stems are great for cooking. Separate the beet stems from the leaves as you would with chards and braise. Hope you enjoy your spring box!

Payment Reminder: The veggie box price is \$20 per week. Payment for May deliveries is due April 30, 2010.

Monthly payment for four weeks of deliveries in May is \$80.

If you have any questions about your account status, please email us at csa@riverdogfarm.com or call (530) 796-3802.

Please check the "Ordered-Through" column on the sign-out sheet. If the printed date in the column is earlier than the end of the month, your payment for the remainder of the current month is due by the printed date. Without timely receipt of payment, deliveries might be interrupted.

Riverdog Farm Meats: We deliver frozen pastured pork or chicken to your pickup location.

Pork Shares: 15 to 20 lb cases of assorted cuts at \$7 per pound

Smoked Ham: 2 to 5 lb steak-cut smoked ham at \$10 per pound

Smoked Bacon: 5 lbs of bacon is \$50

Pork Sausages: 10 lbs of assorted styles is \$65

Whole Broilers: Will be available again in May

Email csa@riverdogfarm.com for more information or to request a list of pork shares or whole chickens. Visit our *Hog Blog* (riverdoghog.blogspot.com) to view photos of our pigs.

Leek and Ricotta Frittata

From: http://chocolateandzucchini.com/archives/2004/03/leek_and_ricotta_frittata.php

5 medium leeks

4 eggs

Fresh herbs of your choice (parsley, chives)

100 g ricotta

Salt, pepper

Red pepper flakes

[Finely chopped, sautéed chard or spinach would be a tasty addition to this frittata – RDF.]

