

Riverdog Farm Veggie Box News
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September 6, 2010
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Box Contents:

1 Watermelon
1 Melon (Canary or Crenshaw)
4 ears Sweet Corn
1½ lbs Tomatoes
1 lb Sweet Peppers
½ lb Green Beans

Field Notes: The fall and late summer crops have benefited from the recent mild weather. Ripening of the tomatoes is steady, sugar content of the melons is increasing, and the green beans are getting longer gradually enough so that we can stay ahead of them for timely harvest. In our region's growing climate on our farm, September is known as the pepper month. The leafy dark green pepper plants are speckled with a range of deep red, orange, yellow, and purple colors that reveal the ripe pepper ready to pick.

Here are some exciting, upcoming event announcements for you to plan ahead.

Day in the Country: Sponsored by the Yolo Land Trust, Sunday September 12, 2010 3-6 pm in Yolo County. This event is a scrumptious pairing of local wines and produce prepared by the finest chefs from regional restaurants. For more information go to: <http://www.yololandtrust.org/events.php>.

Hoes Down Harvest Festival: Saturday October 2, 2010 11 am to 11 pm. This event is a very kid-friendly, hands-on open farm day at Full Belly Farm just up the road from Riverdog Farm in Guinda. Camping is an option for Saturday night at Full Belly Farm. For more information, go to: <http://www.hoesdown.org>. The event proceeds benefit local non-profit organizations and the Ecological Farming Association. There will be workshops on Sunday October 3, 2010 at area farms including a sausage making workshop and pastured chicken workshop at Riverdog Farm. See the Hoes Down website for the scoop on the weekend's schedule.

Riverdog Farm Pumpkin Party: Sunday October 17, 2010. Save the date. Details to be announced soon. Activities will include a hayride and tour of the farm, pumpkin pies, and pumpkin harvest for CSA members and farmers markets customers.

Box Notes: Your melon this week is either a Crenshaw or Canary. The Crenshaw variety is an oblong, netted type with pale orange flesh. It is very juicy and tends to be a softer textured melon. The Canary is an oblong yellow melon variety with a whitish, pale green flesh. With organic corn, you might find corn worm damage (and sometimes the worms themselves) as you peel back the husk. If just the tip, simply trim it off. If farther down on the corn, rinse the affected part, then cut the corn off the cob.

Payment Reminder: The veggie box price is \$20 per week. Payment for October / Fourth Quarter is due September 24, 2010.

Monthly payment for four **Wednesday / Thursday** deliveries in October is \$80.

Monthly payment for five **Friday** deliveries in October is \$100.

Quarterly payment for **11 weeks of Wednesday / Thursday** deliveries from October through December 15 / 16 is \$220.

Quarterly payment for **12 weeks of Friday** deliveries from October through December 17 is \$240.

If you have any questions about your account status, please email us at csa@riverdogfarm.com or call (530) 796-3802.

Please check the "Ordered-Through" column on the sign-out sheet. If the printed date in the column is earlier than the end of the month, your payment for the remainder of the current month is due by the printed date. Without timely receipt of payment, deliveries might be interrupted.

Riverdog Farm Organic Almond Butter: Organic almond butter is available for delivery to your pickup location. Please place your order by Friday prior to your delivery day and send payment when you place your order.

2-Jar Case is \$24

Dozen-Jar Case is \$120

Each jar contains one pound of almond butter. The jars are beautifully labeled and make great gifts.

Riverdog Farm Bulk Veggie Offers: We can deliver the following to your pick up location. Please place your order by Friday prior to your delivery day. Send payment when you place your order

Early Girl Tomatoes: 20 lb case of Early Girl tomatoes is \$25 per case.

Roma Tomatoes: 20 lb case of Roma tomatoes is \$25 per case.

Pickling Cucumbers: For pickling, 10 lb case of pickling cumpers is \$15 per case.

Riverdog Farm Pastured Chicken: Riverdog Farm meat birds are CCOF certified organically grown. The meat is processed in a non-organic facility so the chicken is not certified organic. The chicken includes the head and feet. They are delivered frozen.

Cornish: Plump 4 to 6 pound birds cost \$4.50 per pound

Poulet Rouge: 3 to 4 pound birds cost \$5 per pound

Riverdog Farm Pastured Pork: Riverdog Farm hogs are certified organic (CCOF) animals. Meat is processed in non-organic facilities, therefore pork is not certified organic. Pork is delivered frozen.

Pork Shares: 15 to 20 lb cases of assorted cuts at \$7 per pound

Smoked Bacon: 5 lbs of bacon is \$50

Pork Sausages: 10 lbs of assorted styles is \$65

Email csa@riverdogfarm.com for more information or to request a list of pork shares. Visit our *Hog Blog* (riverdoghog.blogspot.com) to view photos of our pastured pigs.

Watermelon Smoothie from: <http://cookeatshare.com/recipes/watermelon-smoothie>

2 cups seeded Watermelon chunks

1 cup cracked ice

1/2 cup plain yogurt

1 Tablespoon sugar

1/2 teaspoon ground ginger

1/8 teaspoon almond extract

Combine all ingredients in a blender. Blend until smooth.

Tomato Mozzarella Salad from: <http://allrecipes.com/Recipe/tomato-mozzarella-salad/Detail.aspx>

3 large tomatoes, sliced

1/4 cup olive or vegetable oil

1/8 teaspoon pepper

8 ounces mozzarella cheese, sliced

1/4 teaspoon salt

1/4 cup minced fresh basil

On a large serving platter, alternate tomatoes and mozzarella slices. In a jar with a tight-fitting lid, combine the oil, salt and pepper; shake well. Drizzle over tomatoes and mozzarella. Sprinkle with basil.