



Riverdog Farm

August 10, 2020

# Riverdog Farm Veggie Box News

## Box Contents:

1 lb Cucumbers: a painted serpent and a slicing cucumber  
1 bskt Cherry Tomatoes  
.5 lbs Jimmy Nardello Peppers (sweet)  
1 Melon: either Orange Honeydew or Charlyn  
1lb Green Beans  
1.50 lbs Mixed Heirloom Tomatoes

**Payment by mail is due by August 31<sup>st</sup> for September deliveries:**

### All Boxes \$30

Tuesdays: \$150  
Wednesdays: \$150  
Thursdays: \$120  
Fridays: \$120  
Sat: \$120  
Sun: \$150

**Thank you for your payment if already sent!**

Quarterly Payment Schedule:

### 2nd Quarter

Jul/Aug/Sept  
Thu/Fri/Sat: \$360  
Tu/Wed: \$390

### Annual Payment

\$1,440

(This includes 2 free boxes!)

### Half-Year Payment

\$720

(This includes 1 free box!)

To view the 2020

Payment Schedule, A/B week schedule -

**Scroll to bottom of Newsletter**

**Field Notes:** Summer is going by faster than we realize. Evening temperatures are refreshingly cool and there's morning dew on the plants. Small changes indicate this seasonal shift. We even had cloud cover one day last week in the morning. In the Central Valley, thunderclouds are gathering over the Sierra Mountains. Each year, we get a light rain in August. September will be the transition month to autumn, with changing weather and new crops: the return of the greens! Then the winter squash harvest begins in October.

**Box Notes:** Our melon harvest – yield and quality - is exceptional this year. By using new dripline, the plants have grown rapidly, creating a ground cover that shades out the weeds. The Jimmy Nardello Peppers are a sweet pepper that can be eaten raw sliced in salads or sautéed whole in a skillet with olive oil and garlic. Any leftover cooked peppers can be stored in the refrigerator then sliced and reheated with scrambled eggs.

**Each week, the veggie box contents are subject to change. In the newsletter, we include a list of box contents to give you an idea of what to expect but the list may change. Crop quality, daily yields and weather conditions will determine final box contents each week.**

**Webstore Features: Canning Tomatoes (Early Girl), Red Slicer Tomatoes, Pickling Cucumbers**

Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Place your orders by noon, 2 days before your delivery day.

## New CSA Announcements:

**1. We are pleased to announce that a new group of hens have started laying eggs. Our egg numbers are increasing so the RDF CSA Manager Fallon is emailing folks who are on the egg waitlist in a chronological order, in batches. We are asking those on the egg waitlist if you'd like to receive weekly eggs. Please respond promptly to the egg subscription email yes or no. Then Fallon will update your account accordingly.**

**2. Frog Hollow Farm Fruit Box** subscriptions are available again, like last year! We received many subscriber requests for this subscription option. The weekly fruit box is **\$29.75**. To add the Frog Hollow Fruit box to your weekly subscription, go to your account in Farmigo, and add it as an option. The deliveries of the fruit boxes will be weekly. The Frog Hollow fruit box will be available to add on the CSA site from Thursday to Sunday at NOON. And, due to logistics, the Frog Hollow Fruit Boxes will only be available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays, at the Berkeley farmers markets will not have the fruit box

subscription option through our farm but members and market customers have the option of subscribing directly with Frog Hollow Farm and picking up directly from them at the Berkeley farmers markets. Due to logistics, Sacramento market subscribers will not have the fruit box option. 12:00 pm is the deadline to change your account for the fruit box, if you enter a hold any time after that, we can cancel delivery of the box, but your account will still be charged.

**3. Note on Delivery Holds for the Frog Hollow fruit box subscription:** Due to the logistics of getting the fruit boxes from Frog Hollow Farm, delivery holds and cancellations on the fruit boxes (for any day in the following week) need to be entered between Thursday - Sunday at Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree ripened, exceptionally tasty stone fruits. Summer CSA boxes contain 7 lbs. of mixed stone fruit, many varieties of peaches, plums, nectarines and pluots. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm, ethos and fruits and recommendations.

**4. Recognizing that more people are eating and cooking at home and from our CSA subscriber feedback, we are going to increase the number of items in the veggie box. The weekly veggie box price will become \$30 to correspond with the added value.** Instead of 5-6 weekly items, the veggie box will include 7-9 items or the box may include an increased quantity of some of the items included in the veggie box. For example, with the new plan there will be more variety and more quantity of certain items.

Below is a sample of the list of contents for the new \$30 box:

- 1 lb Tomatoes - cherry or mixed heirloom
- 1 lb Green Beans
- 1 Melon
- ¾ lb Sweet Peppers - Red/Gold
- 1 lb Cucumbers - assorted
- 1.5 lbs Potatoes – Yukon Gold, Fingerling or Yellow Finn
- 2 Onions – red, white or yellow

The new CSA pricing of \$30 per veggie box will start August 3, 2020. - **Please pick up your veggie box on your delivery day.** As the temperatures heat up, it's important you pick up your CSA ORDER the day of delivery so that it stays fresh and we can ensure quality. At Riverdog Farm, CSA site hosts may donate any unclaimed boxes of vegetables no sooner than 24 hours after the original pick up day. **After 24 hours unclaimed orders are no longer available and the subscriber absorbs the box cost for that week's order.**

Riverdog Farm has an active Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to keep the end flaps from tearing. Slowly, bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

Give your account 48 hours to update when making changes. For example, when changing your account status from permanent hold to active by charging your credit card, the status may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

**Please check your CSA account for the most up to date information such as your delivery schedule.**

- **Keeping it safe:** with the Shelter-in-Place order still in effect in Yolo County, we continue to implement our COVID-19 prevention protocol on the farm per the CDC and Cal-OSHA recommended best practices. Prevention measures include: required face covering and glove wearing, 6-foot distancing in the workplace, hand sanitation and employees are not allowed to work with symptoms of COVID-19.
- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your deliveries end, you MUST contact the farm through email to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time. If you wish to cancel your account, you may email the farm and we can cancel it for you.

- Please pick up your veggie box on your delivery day. As the temperatures heat up, it's important you pick up your veggie the day of delivery so that it stays fresh.
- The cut off time is 12 noon 2 days before your delivery day for any changes you need to make to your account. Remember to make any changes to your account such as payment renewal or delivery holds by 12 noon 2 days before your delivery day. Thank you!

**“Delivery hold”** is used for short periods of time – you use this option 48 hours in advance to schedule the deliveries you are unable to pick up.

**“Permanent Hold”** is used for long periods of time – you use this option if you are gone for extended periods of time and wish to resume your account when you get back. You must change your status to “active” when you return in order to resume deliveries.

**“Cancel”** is used to delete membership details, this means you would need to re-enter delivery status, subscriptions, and credit card information when you resume the Riverdog Farm CSA.

## Grilled Jimmy Nardello Peppers

From: <https://theroaminggastrognome.com/2014/09/04/grilled-jimmy-nardello-italian-peppers/>.

- 1 lb Jimmy Nardello Italian peppers
- 2 cloves garlic, minced
- ¼ C olive oil
- Salt

In a pan on the stove, heat the olive oil over medium heat. When the oil is hot pull the pan off of the heat and add the garlic. Turn off the burner. Stir the garlic around so it doesn't burn and sauté briefly, do try to not let the garlic brown. Set aside to cool.

Heat up your grill so it is HOT. Wash the peppers. Place peppers on hot grill and rotate when they begin to char and blister on the grill side. Continue grilling until cooked on all sides. 10-15 minutes.

Remove from grill, place in a bowl and cover with plastic wrap, allowing the peppers to cool for 10 minutes.

Remove from bowl and toss the peppers in the garlic-olive oil. Season with salt a serve on a plate with some bread and cheese.

## Cucumber Honeydew Salad with Feta

From: <https://www.twopeasandtheirpod.com/cucumber-honeydew-salad-with-feta/>.

- 2 tablespoons lemon juice
- 1/4 cup extra-virgin olive oil
- 1 teaspoon honey
- 1/4 teaspoon salt
- 1/8 teaspoon ground black pepper
- 1 medium honeydew melon seeded and cut in bite-size cubes (about 5 cups)
- 1 cucumber chopped
- 1/3 cup finely chopped red onion
- 3 tablespoons chopped fresh dill weed
- 1 cup crumbled feta cheese

1. In a medium bowl or jar, add lemon juice, olive oil, honey, salt, and pepper. Whisk or shake until dressing is combined.

2. In a large bowl, add honeydew melon, cucumber, onion, and dill weed. Toss to combine. Drizzle dressing over the salad and stir. Top with feta and serve.

Red = no deliveries, farm closed

Yellow = "A" week deliveries

White = "B" week deliveries

## 2020

January							April							July							October										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
			1	2	3	4				1	2	3	4				1	2	3	4						1	2	3			
B	5	6	7	8	9	10	11	A	5	6	7	8	9	10	11	B	5	6	7	8	9	10	11	A	4	5	6	7	8	9	10
A	12	13	14	15	16	17	18	B	12	13	14	15	16	17	18	A	12	13	14	15	16	17	18	B	11	12	13	14	15	16	17
B	19	20	21	22	23	24	25	A	19	20	21	22	23	24	25	B	19	20	21	22	23	24	25	A	18	19	20	21	22	23	24
A	26	27	28	29	30	31	B	26	27	28	29	30	A	26	27	28	29	30	31	B	25	26	27	28	29	30	31				

  

February						May						August						November													
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
						1						1	2							1				1	2	3	4	5	6	7	
B	2	3	4	5	6	7	8	A	3	4	5	6	7	8	9	B	2	3	4	5	6	7	8	B	8	9	10	11	12	13	14
A	9	10	11	12	13	14	15	B	10	11	12	13	14	15	16	A	9	10	11	12	13	14	15	A	15	16	17	18	19	20	21
B	16	17	18	19	20	21	22	A	17	18	19	20	21	22	23	B	16	17	18	19	20	21	22	B	22	23	24	25	26	27	28
A	23	24	25	26	27	28	29	B	24	25	26	27	28	29	30	A	23	24	25	26	27	28	29	A	29	30					
							A	31	B	30	31																				

  

March							June							September							December										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
B	1	2	3	4	5	6	7	A		1	2	3	4	5	6	B			1	2	3	4	5	A			1	2	3	4	5
A	8	9	10	11	12	13	14	B	7	8	9	10	11	12	13	A	6	7	8	9	10	11	12	B	6	7	8	9	10	11	12
B	15	16	17	18	19	20	21	A	14	15	16	17	18	19	20	B	13	14	15	16	17	18	19	A	13	14	15	16	17	18	19
A	22	23	24	25	26	27	28	B	21	22	23	24	25	26	27	A	20	21	22	23	24	25	26	B	20	21	22	23	24	25	26
B	29	30	31	A	28	29	30	B	27	28	29	30																			

  = Farm Closed    
   = All "A" Week deliveries