



Riverdog Farm

August 9, 2021

Riverdog Farm Veggie Box News

Box Contents:

1 bu Basil
5 ears Bi-Color Sweet Corn
1 Cantaloupe
2 lbs Loose Carrots
1-2 Eggplants
2 lbs Early Girl Tomatoes
2 Painted Serpent Cucumbers

Box notes: There are 6 ears of sweet corn in the veggie boxes this week for the price of 5. We're including an extra ear of corn since some ears may have tip damage and some may have spotty kernel pollination.

Field Notes: Smoke from the wildfires in the Sierra Mountains, heat and peak of summer harvest are happening all at once. We provide N95 filter masks for everyone on the farm working outdoors during the smoky days. The Yolo County Agricultural Commissioner supplies free masks to all farms with employees working outdoors. When air quality is no longer safe for working outdoors, we finish the day early and hope for winds to clear the air for the next day. Farming without these added challenges is hard enough on its own. Thank you for continuing to support the farm and the employees who make it all happen through these challenging times.

Tomatoes: Early Girl or Roma Tomatoes 10 lb case for \$30.00. Great for sauce making and canning.

Webstore Features:

- **Smoked/Cured Hams:** limited supply available
- **Pastured Whole Chickens**
- **Pastured Pork Cuts and Pork Shares**
- **Variety of Sausages**
- **All pastured meat orders are delivered frozen to your delivery site or to one of the 4 weekly farmers markets nearest you.**
- **Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.**
- Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

Reminder: Please pick up your veggie box during the pick-up time window the day of delivery to ensure quality. During the hot days of summer, the earlier you are able to pick up the better.

Please check your CSA account for the most up-to-date information such as your next CSA delivery date and payment status.

Please pick up your veggie box on your delivery day so that it stays fresh and we can ensure quality. ****Riverdog will not give refunds for any missing items/quality issues**

Payment by mail is due by July 31st for August deliveries:

All Boxes \$30

Tuesdays: \$150
Wednesdays: \$120
Thursdays: \$120
Fridays: \$120
Sat: \$120
Sun: \$150

Thank you for your payment if already sent!

2021

Quarterly Payment Schedule:

2nd Quarter

July/Aug/Sept
Tu/Wed: \$390
Th/Fri/Sat/Sun: \$390

Annual Payment

\$1,440

(This includes 2 free boxes!)

Half-Year Payment

\$720

(This includes 1 free box!)

To view the 2021

A/B alternate week schedule:

Scroll to bottom of Newsletter

for pickups made the day after delivery day.** CSA site hosts may donate any unclaimed items no sooner than 24 hours after the original pick up day and time week of 3pm. After 24 hours (3pm following the day of original pickup time) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order. **Missing items/quality issues must be emailed within 24 hours of pick up day and time slot for refund consideration.** Please include a photo of any quality issues. We appreciate your feedback.

Frog Hollow Farm Fruit Boxes are available to add to your subscription: \$33.25 per Frog Hollow Farm fruit box. See info below to learn more about their fruit boxes.

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

Announcement for Chicken Subscribers and for folks ordering chickens from the webstore: you now have the ability to specify your preferred chicken weight. At the moment, the weight range is 3.5 lbs to 4.5 lbs, by the half pound increment. Larger chickens will be available in a few months. Look for announcements in the newsletter about the changes to available chicken weights. Please log in to your account and select the size you'd like. You can change the size as needed but once selected, that will be the approximate weight you receive. Make any changes by noon 48 hours before your delivery day. Thank you!

The weekly box contents are subject to change (from the box contents listed in the weekly newsletter). We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

Please email the farm csa@riverdogfarm.com to confirm cancellation of your CSA membership.

Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their veggie boxes.

Reminder: A/B delivery schedules are every other week. They aren't always 1st/3rd or 2nd/4th weeks due to some months having 5 weeks.

CSA Announcements:

- 1. Chicken subscriptions** are available. You can choose a desired weight in whole numbers between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.
- 2. Webstore Orders:** There are chickens available on the web store. Try out a chicken with no subscription commitment. If you like it then add it to your account as a weekly subscription. There are also half, smoked hams available.
- 3. Avedano's Members:** Please pick up your CSA boxes and all other orders at the ordering window so the Avedano's crewmember can cross off your name. We are changing this pick up policy due to product loss. If you have any questions, comments or concerns, please email csa@riverdogfarm.com. Please return your CSA boxes to Avedano's. Please flatten the boxes without tearing.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to keep the end flaps from tearing. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

Give your account 48 hours to update when making changes. For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

Frog Hollow Farm Fruit Box The weekly fruit box is **\$33.25**. To add the Frog Hollow Fruit box to your weekly subscription, 1) go to your CSA account.

2) Log in then look at the right side of your page at the **summary** box - at the bottom of that box is your subscription with a darker green box that says "change". Click on **change**.

3) Below the title "**CHANGE SUBSCRIPTION**" you have 2 tabs - Click on the **-options-** tab. You will see the Frog Hollow Fruit box available to add.

4) ALL orders must be in by **Sunday at NOON** so we have the ability to process the order and deliver it.

The Frog Hollow fruit box will be available to add to your CSA account from Thursday to Sunday by NOON. Due to logistics, the Frog Hollow Fruit Boxes are only available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box. If you enter a hold any time after that, we can cancel delivery of the box, but your account may still be charged the full amount for the fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree-ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm philosophy, fruits and recommendations: www.froghollow.com.

- **Keeping it safe:** We are so pleased to announce that the majority of the farm employees, including farmer's market staff, have been vaccinated for COVID-19 thanks to the free vaccination program implemented by Yolo County in partnership with Yolo County Department of Health, the Yocha Dehe Fire Department and local farms who hosted vaccination clinics. The new mask ruling is that employees do not have to wear masks unless they are vaccinated. We look forward to seeing your smiling faces at the farmers markets again!
- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, email the farm to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

"Delivery hold" is used for short periods of time – use this option 48 hours in advance to schedule the deliveries you are unable to pick up.

"Permanent Hold" is used for long periods of time – use this option if you are gone for extended periods of time and wish to resume your account when you get back. You must change your status to "active" when you return in order to resume deliveries.

"Cancel" is used to delete membership details, this means you would need to re-enter delivery status, subscriptions, and credit card information when you resume the Riverdog Farm CSA

Perfect Grilled Corn Salsa

From: <https://minimalistbaker.com/perfect-grilled-corn-salsa/>.

Grilled corn salsa with perfectly grilled corn, fresh tomato, red onion and cilantro, a little lime juice to bring it all together, and a dash of heat from serrano pepper.

Ingredients

- 2 large ears corn
- 1/4 red onion (diced)
- 2 ripe tomatoes (seeds slightly removed and diced)
- 1 whole serrano or jalapeño pepper (seeded and minced)
- Sea salt and ground black pepper (to taste)
- 1 medium lime, juiced
- 1/3 cup fresh cilantro (chopped)

Instructions

1. To grill corn (preferably over charcoal for best flavor), leave the husk on and grill it first until charred. Then remove the husk and strings and put it back on the grill for a little color – 2-3 minutes – rolling to heat all sides.
2. Once grilled, slice corn off of the cob and add to bowl with remaining ingredients and stir.
3. Taste and adjust seasonings as needed, adding more salt, pepper, or lime juice for added flavor.
4. Serve immediately. Will keep covered in the fridge for several days, but is best when fresh.

Garlic Parmesan Baked Eggplant Recipe

From: <https://www.crunchycreamysweet.com/baked-eggplant/>.

Crispy baked, not fried, eggplant with garlic Parmesan breading. A delicious way to enjoy this summer and fall vegetable! sheet, sprinkle with salt and let sit for at least 30 minutes

Ingredients

- 1 large eggplant
- 6 tablespoons unsalted butter melted
- 1 cup breadcrumbs
- 1/4 cup shredded Parmesan cheese
- 1/4 teaspoon smoked paprika
- 1/2 teaspoon garlic powder
- 1/2 teaspoon Italian seasoning

2. Next, melt butter in a bowl. Mix breadcrumbs, spices and Parmesan cheese in another bowl.
3. Dip each eggplant disk into butter first, then breading mixture. Place on aluminum foil or parchment paper lined baking sheet.
4. Bake in 400 degrees F oven for 15 minutes, then flip each disk and baked for 7 more minutes. The eggplant should be golden brown and the breading crispy.
5. Serve as side dish, appetizer or use in eggplant Parmesan.

Instructions

1. Start by preparing the eggplant: wash the eggplant and trim off the green end. You can peel the skin if you like. Next, slice eggplant into 1/2" disks. Place all disks in colander or cooling rack set over baking

Recipe Notes

Eggplant skin is completely edible. It's a personal preference, just like zucchini. You can peel the skin off or leave it.

Yellow = "A" week deliveries, White = "B" week deliveries

Farm Closed for the CSA Deliveries from December 24, 2021 - January 3, 2022

