



Riverdog Farm

June 1, 2020

# Riverdog Farm Veggie Box News

## Box Contents:

1 bu Carrots  
0.5 lb Arugula  
1 lb Asparagus OR 1 lb loose Spinach  
1 bu Redbor Kale  
1 bu Red Beets  
1 hd Green Cabbage  
.5 lbs Snow OR Snap Peas

## Payment by mail is due by May 31<sup>st</sup> for June deliveries:

Tuesdays: \$120  
Wednesdays: \$96  
Thursdays: \$96  
Fridays: \$96  
Sat: \$96

## Thank you for your payment if already sent! Quarterly Payment Schedule:

**2nd Quarter**  
Apr/May/June  
Wed/Thu/Fri: \$312  
Tue/Sat: \$312

**Annual Payment**  
\$1,152  
(This includes 2 free boxes!)

**Half-Year Payment**  
\$576  
(This includes 1 free box!)

**To view the 2020  
Payment Schedule, A/B week  
schedule -  
Scroll to bottom of Newsletter**

**Field Notes:** June is here and we are excited to announce the new harvests coming this month: new potatoes of all colors, an assortment of varieties of summer squash, cucumbers, basil, parsnips and possibly cherry tomatoes, Santa Rosa plums, and green beans towards the end of June. We also plan to feature certified organic Blenheim Apricots in the CSA box from Polestar Farm in Esparto.

**Box Notes:** Kales and Chard will be harvested for a few more weeks then the leafy greens will be done for the summer. This is the last week for asparagus, farewell to asparagus until February 2021. The season has lasted longer than usual because of the mild weather this spring. Arugula and loose spinach storage tip: take the arugula out of the bag when you pick up your box, lay flat to dry on a cotton kitchen towel, pat it dry with a paper towel, then store it in a paper bag until ready to use. It's delicate so it needs to be air dried before storing in your refrigerator.

Riverdog Farm has an active Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings posts and provide market/CSA updates.

When you pick up your CSA box, you may transfer the contents into your own bags and leave the box at the site for pick up by the driver the following week. Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to keep the end flaps from tearing. Slowly, bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

Thank you for keeping the pick up sites tidy and for bringing the paper liners home to recycle. Our site hosts and delivery drivers appreciate your diligence with the upkeep of the sites.

**Webstore Updates:** For the sauerkraut and kimchee lovers out there, Green Cabbage is now available on the webstore by the 40 lb case for \$35. We also have fresh garlic (not cured yet, but no longer green, the cloves have divided and have some paper layers that need to be peeled) by the 10 lb case for \$80. The fresh garlic keeps best refrigerated. In the pastured meat department, Pork and Chicken Broth, Pork Bones, and Pig Heads are available on the webstore. Please place webstore orders 48 hours prior to your delivery day to ensure same week delivery. Due to a limited supply of pastured hogs, the fresh pork cuts, sausage and bacon will only be available at farmer's markets at this time. We will update the webstore as product availability changes so please check it often.

- **Keeping it safe:** with the Shelter-in-Place order still in effect in Yolo County and throughout California, we continue to implement our COVID-19 prevention protocol on the farm per the CDC and Cal-OSHA recommended best practices. Prevention measures include: required face covering and glove wearing, 6 foot distancing in the workplace, employees are not allowed to work with symptoms of COVID-19 illness, increased frequency of hand-washing/hand sanitizing, and increased sanitizing of the packing shed high touch areas including stainless steel wash tubs, packing tables and walk-in cooler door handles.
- Because of the recent surge in CSA subscriber sign-ups, we have added new drop sites in **Berkeley, Piedmont, Oakland, and Woodland**. We also have a new drop site at **Zuni Café** in SF. Visit [www.riverdogfarm.com](http://www.riverdogfarm.com) to view the new sites to see if there is a location that is more convenient for you. You may change your pick up site 48 hours prior to delivery by logging into your account and selecting a new pick-up location.
- **Here are some updates/changes/reminders:**  
At this time, **new** chicken orders are not available via the CSA. The weekly chicken subscriptions and orders placed prior to 3/21/20 will be fulfilled. There is a waitlist for new chicken orders placed via the CSA after 3/21/20. You may purchase a whole Chicken at any one of the 3 markets in Berkeley or the 1 in Sacramento. First come, first serve.
- **New** egg orders and add-on dozens are not available at this time via the CSA. There is currently a waitlist for new egg orders/egg subscriptions. You may purchase eggs at the farmers markets in Berkeley and Sacramento when available. At markets, the eggs are available first come first serve.
- **New Egg Pick Up Procedure:** At each delivery site, the eggs will be in a box, with an open lid, with a list of names of those whom ordered eggs. Please look at the list, make sure your name is on that list, and only take a carton of eggs if your name is on that list. Please use a face covering and precaution while picking up your order. Please only touch the carton of eggs that you're picking up. Do not touch any other egg cartons. Do not open any egg cartons. To simplify the driver's deliveries, we are no longer labeling the egg cartons with subscriber names. Keep the site safe and tidy. Thank you!

- Please respect the site host's privacy when you pick up your order. Do not knock on the site host doors. Call or email the farm if you need assistance finding the boxes, if an item is missing from your order, or your name is not on the sign-in sheet.
- **Please take only the items that are yours.** Check order labels for your name and match them to the items listed on the sign-in sheet. If you inadvertently picked up an item that is not yours, let the farm know so we can let the member know and fix the issue.
- **NEW** A/B subscriptions are no longer available. If you wish to skip weeks, use the delivery hold tab to skip the weeks you wish to not receive a box. To skip CSA Box deliveries, please login to your account and enter your skip weeks as a Monday-Friday selection: <http://www.riverdogfarm.com/csa> .
- **Take the brown paper box liner with you to recycle at home. Gently unfold the cardboard boxes and place in a stack with other cardboard boxes. Please help keep the site host space tidy and ready for the driver to pick up the following week.**
- For current A/B week subscribers please note that the delivery schedule is every other week. Some months may have 3 deliveries, some may only have 2 but the schedule is every-other-week for your deliveries. See below for the 2020 A/B schedule.
- **Reminder:** So your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your deliveries end, you **MUST** contact the farm through email to request cancellation. You may now put your account on a permanent hold if you will be gone for long periods of time. If you wish to cancel your account, you may call or email the farm and we can cancel it for you.

**"Delivery hold"** is used for short periods of time – you use this option 48 hours in advance to schedule the deliveries you are unable to pick up.

**"Permanent Hold"** is used for long periods of time – you use this option if you are gone for extended periods of time and wish to resume your account when you get back. You must reinstate your status back to active when you return in order to resume deliveries.

**"Cancel"** is used to delete membership details, this means you would need to re-enter delivery status, subscriptions, and credit card information when you resume the Riverdog Farm CSA.

## Kale with Caramelized Onions and Garlic

From: <https://www.food.com/recipe/kale-with-caramelized-onions-and-garlic-51780>.

- 1 bunch kale, washed and torn (stems removed)
- 1 small onion, chopped
- 3 garlic cloves, chopped
- 1 tablespoon olive oil
- Balsamic vinegar (optional)
  
- Heat oil in large pan.
- Add chopped onions and garlic.
- Sauté until onions are clear and begin to caramelize. Stir often. Do not allow garlic to burn.
- Add torn kale.
- Toss with onions and garlic.
- Cook until kale is wilted.
- Sprinkle with a splash of balsamic vinegar if desired.

## Classic Coleslaw Recipe

From: <https://www.spendwithpennies.com/best-coleslaw-recipe/>.

- 3 cups green cabbage finely shredded
- 2 cups purple cabbage finely shredded
- 1 cup carrot finely shredded
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### Dressing with Mayo

- 1/2 cup mayonnaise/dressing
- 1 tablespoon white vinegar
- 1/2 tablespoon cider vinegar
- 2 teaspoons sugar
- 1/2 teaspoon celery seeds
- salt & pepper to taste

### No Mayo Dressing Recipe

- 3 tablespoons apple cider vinegar
- 4 tablespoons canola oil
- 3 tablespoons white sugar
- 1/2 teaspoon dijon mustard
- 1/4 teaspoon celery seeds
- salt & pepper to taste

Combine all dressing ingredients in a bowl.

Toss with cabbage & carrots. Refrigerate at least 1 hour before serving to allow flavors to blend.

Red = no deliveries, farm closed

Yellow = "A" week deliveries

White = "B" week deliveries

## 2020

January							April							July							October										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
B	5	6	7	8	9	10	11	B			1	2	3	4	A			1	2	3	4	B					1	2	3		
A	12	13	14	15	16	17	18	B	5	6	7	8	9	10	11	B	5	6	7	8	9	10	11	A	4	5	6	7	8	9	10
B	19	20	21	22	23	24	25	A	12	13	14	15	16	17	18	A	12	13	14	15	16	17	18	B	11	12	13	14	15	16	17
A	26	27	28	29	30	31	B	19	20	21	22	23	24	25	B	19	20	21	22	23	24	25	A	18	19	20	21	22	23	24	
							A	26	27	28	29	30	A	26	27	28	29	30	31	B	25	26	27	28	29	30	31				

  

February							May							August							November										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
B						1	B					1	2	B							1	A	1	2	3	4	5	6	7		
B	2	3	4	5	6	7	8	A	3	4	5	6	7	8	9	B	2	3	4	5	6	7	8	B	8	9	10	11	12	13	14
A	9	10	11	12	13	14	15	B	10	11	12	13	14	15	16	A	9	10	11	12	13	14	15	A	15	16	17	18	19	20	21
B	16	17	18	19	20	21	22	A	17	18	19	20	21	22	23	B	16	17	18	19	20	21	22	B	22	23	24	25	26	27	28
A	23	24	25	26	27	28	29	B	24	25	26	27	28	29	30	A	23	24	25	26	27	28	29	A	29	30					
							A	31	B	30	31																				

  

March							June							September							December										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
B	1	2	3	4	5	6	7	A	1	2	3	4	5	6	B	1	2	3	4	5	6	A									
A	8	9	10	11	12	13	14	B	7	8	9	10	11	12	13	A	6	7	8	9	10	11	12	B	6	7	8	9	10	11	12
B	15	16	17	18	19	20	21	A	14	15	16	17	18	19	20	B	13	14	15	16	17	18	19	A	13	14	15	16	17	18	19
A	22	23	24	25	26	27	28	B	21	22	23	24	25	26	27	A	20	21	22	23	24	25	26	B	20	21	22	23	24	25	26
B	29	30	31	A	28	29	30	B	27	28	29	30								27	28	29	30	31							

  = Farm Closed     
   = All "A" Week deliveries

### Riverdog Farm Weekly CSA Payment Schedule 2020

Delivery Day	Tuesday	Quarter	Wednesday	Quarter	Thursday	Quarter	Friday	Quarter	Saturday	Quarter
January	96		96		96		96		96	
February	96		96		96		96		120	
March	120	<b>312</b>	96	<b>288</b>	96	<b>288</b>	96	<b>288</b>	96	<b>312</b>
April	96		120		120		96		96	
May	96		96		96		120		120	
June	120	<b>312</b>	96	<b>312</b>	96	<b>312</b>	96	<b>312</b>	96	<b>312</b>
July	96		120		120		120		120	
August	96		96		96		96		96	
September	120	<b>312</b>	120	<b>336</b>	96	<b>312</b>	96	<b>312</b>	96	<b>312</b>
October	96		96		120		120		120	
November	96		96		96		96		96	
December	72	<b>264</b>	72	<b>264</b>	72	<b>288</b>	72	<b>288</b>	72	<b>288</b>
<b>Annual Total</b>	<b>1,200</b>		<b>1,200</b>		<b>1,200</b>		<b>1,200</b>		<b>1,224</b>	
<b>Annual w/ D</b>	<b>1,152</b>		<b>1,152</b>		<b>1,152</b>		<b>1,152</b>			

**Holiday No-Delivery Dates:**

December 21 through January 1, 2020

Annual payers receive a \$48 discount (2 CSA boxes free).