



Riverdog Farm

May 3, 2021

# Riverdog Farm Veggie Box News

## Box Contents:

1 lb Sugar Snap Peas  
1.13 lbs Shelling Peas  
2 hds Red Leaf and Batavia  
Crisp Lettuce  
1 bu Carrots  
1 bu Green Garlic  
1 bu Redbor Kale

**Box notes:** May is pea season on the farm. We hope you enjoy the sweet, delicate taste of the snap and shelling peas in your veggie box this week. The shelling peas need to be removed from their pods as the pods are too fibrous to easily eat. Like the asparagus, the pea season is short-lived. The different varieties of peas will last about a month and when the summer heat kicks into high gear in early June, the pea plants come to an end to be replaced by the eagerly anticipated new potato crop.

Are there items you'd like to see more of or less of? Please email the farm with your feedback/suggestions. We know everyone's palates are different so it's not possible to please all but we appreciate hearing from you about your preferences for the veggie box contents. Also, when you post photos of your meal prep with Riverdog produce, recipe creations or when you open the box to see what you've received for the week, please tag RiverdogFarm (our Instagram handle) so that we can see what you're up to in the kitchen.

**Payment by mail is due by  
April 30<sup>th</sup> for May deliveries:**

**All Boxes \$30**

Tuesdays: \$120  
Wednesdays: \$120  
Thursdays: \$150  
Fridays: \$150  
Sat: \$120  
Sun: \$120

**Thank you for your payment if  
already sent!**

2021

Quarterly Payment Schedule:

**2<sup>nd</sup> Quarter**

April/May/June

Tu/Wed: \$390

Th/Fri/Sat/Sun: \$390

**Annual Payment**

\$1,440

(This includes 2 free boxes!)

**Half-Year Payment**

**\$720**

(This includes 1 free box!)

To view the 2021  
A/B alternate week schedule:  
**Scroll to bottom of Newsletter  
for annual calendar**

**Frog Hollow Farm Fruit Box Subscribers: Price Change Notification:** Frog Hollow Farm fruit boxes will increase in price effective 5/7/21. This increase is due to Frog Hollow increasing their box price because of the rising costs of producing the fruit. This is their first increase in 5 years so we have to, in turn, increase the cost of the fruit box that we offer to you from them. The new price is \$33 per Frog Hollow Farm fruit box.

Coming soon: stone fruit, cherries, mulberries, and blueberries

**Field Notes:** We experienced an amazingly beautiful storm with intensely dark storm clouds on Sunday that unloaded some precipitation and another storm last week with over 100 lightning strikes along the Blue Ridge Mountains west of the farm. Both storms combined brought a little under ¼ inch of rain that we really needed. The storms also brought cooler temperatures which help to prolong the spring crops. Our recent nighttime low was 36 degrees. Fingers crossed for no more frost in the near future to prevent the tomato, pepper and eggplant young plants from freezing.

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

## Webstore Features:

- **Smoked/Cured Hams: limited supply available**
- **Organic Pasture Raised Eggs: Subscriptions for weekly egg deliveries and add-on egg orders are available**
- **Pastured Whole Chickens**

- **Pastured Pork Cuts and Pork Shares**
- **Variety of Sausages**
- **Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.** Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.
- **Announcement for Chicken Subscribers and for folks ordering chickens from the webstore: you now have the ability to specify your preferred chicken weight. At the moment, the weight range is 3.5 lbs to 4.5 lbs. Larger chickens will be available in a few months.**

**Look for announcements in the newsletter about the changes to available chicken weights. There are several weights to choose from: 3.5 lbs to 4.5 lbs, by the ½ lb increment. Please log in to your account and select the size you'd like. You can change the size as needed but once selected, that will be the approximate weight you receive. Make any changes by noon 48 hours before your deliver day. Thank you!**

The weekly box contents are subject to change. We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

**Remember to email the farm [csa@riverdogfarm.com](mailto:csa@riverdogfarm.com) to confirm cancellation of your CSA membership.**

**Please pick up your veggie box on your delivery day.** Please pick up your CSA order on your delivery day so that it stays fresh and we can ensure quality. CSA site hosts may donate any unclaimed items no sooner than 24 hours after the original pick up day and time week of 3pm. **After 24 hours (3pm the following day) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order.**

**Friendly Reminder:** A/B delivery schedules are every other week. They aren't always 1<sup>st</sup>/3<sup>rd</sup> or 2<sup>nd</sup>/4<sup>th</sup> weeks due to some months having 5 weeks.

#### **New CSA Announcements:**

1. **Chicken subscriptions** are available AND now you can choose a desired weight in whole numbers between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.
2. **Webstore Orders:** There are chickens available on the web store. Try out a chicken with no subscription commitment. If you like it then add it to your account as a weekly subscription. There are also a limited supply of half, smoked hams available.
3. **Avedano's Members:** Please pick up your CSA boxes and all other orders at the ordering window so the Avedano's crewmember can cross off your name. We are changing this pick up policy due to product loss. If you have any questions, comments or concerns, please email [csa@riverdogfarm.com](mailto:csa@riverdogfarm.com). ALSO you are able to return your CSA boxes to Avedano's. Please flatten box and they will take it and return it back to us.

**Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their veggie boxes.**

**Check your CSA account for the most up-to-date information such as your next delivery from the farm.**

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to keep the end flaps from tearing. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

**Give your account 48 hours to update when making changes.** For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

**Frog Hollow Farm Fruit Box** The weekly fruit box is **\$33.00 starting 5/7/21**. To add the Frog Hollow Fruit box to your weekly subscription,

1) go to your CSA account.

2) Log in then look at the right side of your page at the **summary** box - at the bottom of that box is your subscription with a darker green box that says "change". Click on **change**.

3) Below the title "**CHANGE SUBSCRIPTION**" you have 2 tabs - Click on the **-options-** tab. You will see the Frog Hollow Fruit box available to add.

4) ALL orders must be in by **Sunday at NOON** so we have the ability to process the order and deliver it.

**The Frog Hollow fruit box will be available to add to your CSA account from Thursday to Sunday by NOON.** Due to logistics, the Frog Hollow Fruit Boxes will only be available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box, if you enter a hold any time after that, we can cancel delivery of the box, but your account will still be charged the full amount for the Fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm, ethos, fruits and recommendations: [www.froghollow.com](http://www.froghollow.com)

- **Keeping it safe:** We are so pleased to announce that the majority of the farm employees, including farmer's market staff, have been vaccinated for COVID-19 thanks to the free vaccination program implemented by Yolo County in partnership with Yolo County Department of Health, the Yocha Dehe Fire Department and local farms who hosted local vaccination clinics. We continue to implement our COVID-19 prevention protocol on the farm per the CDC and Cal-OSHA recommended best practices. Prevention measures include: required face covering and glove wearing, 6-foot distancing in the workplace, hand sanitation and employees are not allowed to work with symptoms of COVID-19.
- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, you **MUST** contact the farm through email to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

**"Delivery hold"** is used for short periods of time – use this option 48 hours in advance to schedule the deliveries you are unable to pick up.

**"Permanent Hold"** is used for long periods of time – use this option if you are gone for extended periods of time and wish to resume your account when you get back. You must change your status to "active" when you return in order to resume deliveries.

**"Cancel"** is used to delete membership details, this means you would need to re-enter delivery status, subscriptions, and credit card information when you resume the Riverdog Farm CSA

## Kale and Sugar Snap Pea Salad

From: <https://cooking.nytimes.com/recipes/12575-kale-and-sugar-snap-pea-salad>.

- ¾ cup canola oil
- ½ cup peeled, chopped ginger
- ¼ cup miso paste
- ½ cup rice vinegar, or as needed
- Finely grated zest and juice of 2 lemons or limes
- ¼ cup sugar, or as needed
- Coarse salt and black pepper

### For the salad

- 2 tablespoons sugar
- 6 to 8 dried apricots
- 1 medium bunch kale (Tuscan, red Russian, Winterbor or lacinato), coarse stems removed and discarded, roughly chopped
- 2 cups sugar snap peas, stemmed
- 4 ounces feta cheese, crumbled
- ¼ cup almonds, toasted and coarsely chopped
- 2 tablespoons chopped fresh mint leaves, or as needed

### Preparation

1. Make the dressing: In a blender or food processor, combine the oil, ginger, miso, 1/2 cup vinegar, lemon or lime zest and juice, and sugar. Process for about 30 seconds to form a creamy emulsion. Season with salt and pepper to taste, and add vinegar if needed.
2. Make the salad: In a small saucepan over medium-low heat, combine the sugar with 1/4 cup water. Add the dried apricots and poach just until rehydrated, 2 to 3 minutes, then remove from heat.
3. In a serving bowl, combine the kale, snap peas and feta. Add salad dressing to taste, and toss well. Sprinkle with almonds and garnish with poached apricots. Sprinkle with mint and serve.

**Yellow = "A" week deliveries, White = "B" week deliveries**

**Farm Closed for the CSA Deliveries from December 24, 2021 - January 3, 2022**

