



Riverdog Farm

April 27, 2020

Riverdog Farm Veggie Box News

Box Contents:

1 bu Green Garlic
.5 lbs Purple Snow OR Snap Peas
1 bu Asparagus
2 lbs loose Carrots
1 bu Red Russian Kale
1.5 lbs Mandarins from Fruit World Co.

Payment by mail is due by April 30th for May deliveries:

Tuesdays: \$96
Wednesdays: \$96
Thursdays: \$96
Fridays: \$120
Sat: \$120

Thank you for your payment if already sent!

Quarterly Payment Schedule:

2nd Quarter

Apr/May/June
Wed/Thu/Fri: \$312
Tue/Sat: \$312

Annual Payment

\$1,152
(This includes 2 free boxes!)

Half-Year Payment

\$576
(This includes 1 free box!)

To view the 2020 Payment Schedule, A/B week schedule - go to the bottom of this page

Box Notes: We were able to source more **Gold Nugget mandarins!** We know they are a very popular citrus fruit variety - we love them too! - and wanted to be able to continue to include them in the veggie boxes as well as offer them on the webstore. The Gold Nuggets are CCOF-certified organic and come from the Fruit World Co. in Reedley that a friend of ours runs. Only about 3 weeks left of asparagus season. We hope you enjoy the weekly bunches while the season lasts.

Webstore Updates: We've added a couple of new items to the webstore: **White Grapefruit and Juicing Navel Oranges.** Both of these new fruit items are from an old orchard in Esparto. They are not certified organic but are grown without the use of synthetic fertilizers or pesticides. **Riverdog Farm Pastured Spare Ribs** are also available on the webstore. Please place orders 48 hours prior to your delivery day to ensure same week delivery.

We're repeating some of the info below to be sure all our subscribers receive the important messages about our efforts to prevent the spread of COVID-19 and to protect our customers and all who work on the farm.

Thank you for supporting the farm by purchasing your food directly from us! We are fortunate to have reliable employees who continue to work during this challenging time. Many of the employees have been with the farm for over fifteen years. We remain committed to supplying our customers with safe, delicious, healthy food and to protecting all who make our agricultural business possible.

We continue to practice safe food handling in all aspects of running the farm with additional procedures for COVID-19 prevention. The practices include: hand washing and glove wearing by all employees who handle the produce from harvest to wash and pack, policy of stay at home for those with fever/cough or any flu symptoms, sanitizing of all plastic harvest totes and CSA totes with a bleach solution using a pressure washer, and a new layout of the packing shed work spacing and harvesting so that each employee has a minimum of 6 foot distance from one another.

Because of the recent surge in CSA subscriber sign-ups, we have added some new drop sites. Please visit www.riverdogfarm.com to view the new sites to see if there is one that is more convenient for you. You may change your pick up site 48 hours prior to delivery by logging into your account.

Here are some updates/changes/reminders:

- **New** chicken orders are not available for now via the CSA. The weekly chicken subscriptions and orders placed prior to 3/21/20 will be fulfilled. There is a waitlist for new chicken orders placed after 3/21/20.
- **New** egg orders and add-on dozens are not available at this time via the CSA. There is a waitlist currently for new egg orders/egg subscriptions. You may purchase eggs at the farmers markets in Berkeley and Sacramento when available. At markets, the eggs are available first come first serve. - we love

- **New Egg Pick Up Procedure:** At each delivery site, the eggs will be in a box with an open lid with a list of egg order names attached. Please look at the list, make sure your name is on the list, only take the eggs that are on the list. Please wear gloves and mask when picking up your order. Please only touch the eggs that you're picking up. Do not touch any other egg cartons. Do not open any egg cartons. We are no longer labeling the egg cartons with subscriber names. Keep the site safe. Thank you!
- Please respect the site host's privacy when you pick up your order. Do not knock on the site host doors. Call the farm if you need assistance finding the boxes, if an item is missing from your order, or your name is not on the sign-in sheet.
 - Please take only the items that are yours. Check order labels for your name and match them to the items listed on the sign-in sheet. If you inadvertently picked up an item that is not yours, let the farm know so we can let the subscriber know.
 - **NEW** A/B subscriptions are no longer available.
 - To skip CSA Box deliveries, please login to your account and enter your skip weeks as a Monday-Friday selection: <http://www.riverdogfarm.com/csa> .
 - For current A/B week subscribers please note that the delivery schedule is every other week. Some months may have 3 deliveries, some may only have 2 but the schedule is every-other-week for your deliveries.
 - **Reminder:** So your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription, you **MUST** contact the farm through email to request cancellation.
 - Your subscription will continue and boxes will be delivered until you, the member, send us this email request. We will confirm the cancellation request via email. Thank you!

Shaved Raw Asparagus with Parmesan Dressing

From: <https://www.foodandwine.com/recipes/shaved-raw-asparagus-parmesan-dressing>.

- 2 pounds large asparagus
- 1 cup coarsely grated Parmigiano-Reggiano cheese (3 ounces)
- 3 tablespoons fresh lemon juice
- 2 tablespoons warm water
- 1/4 cup extra-virgin olive oil
- Kosher salt and freshly ground pepper

Step 1

Using a vegetable peeler, shave the asparagus into long, thin strips and transfer to a large bowl.

Step 2

In a small bowl, mix the Parmigiano-Reggiano with the lemon juice, water and olive oil. Add to the asparagus and toss to coat. Season the salad with salt and pepper and serve at once.

Lentil Stew with Red Russian Kale, Sweet Potatoes & Sausage

From: <https://cultivatingsustainability.com/2010/04/05/lentil-stew-with-red-russian-kale-sweet-potatoes-sausage/>.

- 4 links chorizo or andouille sausage, sliced thin
 - 1 tbsp extra virgin olive oil
 - 4-5 garlic cloves*, minced
 - 1 large onion*, chopped
 - 3 small to medium sweet potatoes*, peeled and diced into small 1/4" cubes
 - 2 bay leaves
 - 1 cup french lentils, picked over
 - 5 cups organic chicken or vegetable broth
 - 1 cup water
 - 1 large bunch red russian kale*, stems and center ribs discarded and leaves sliced thin
 - 2 tablespoon balsamic or red-wine vinegar
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1. In a stock pot brown sausage over moderate heat and transfer with a slotted spoon to paper towels to drain. If there is more than 1 teaspoon fat in pan pour off excess; if there is less, add enough oil to measure 1 tbsp. Add onion and garlic and cook, stirring, until softened.
 2. Add sweet potatoes, bay leaves, lentils, water, broth, and sausage and simmer, covered, 30 minutes. Add kale and simmer, uncovered, until tender, 5 to 7 minutes. Stir in vinegar and salt and pepper to taste.

Red = no deliveries, farm closed
 Yellow = "A" week deliveries
 White = "B" week deliveries

2020

January							April							July							October										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
B	5	6	7	1	2	3	4	B			1	2	3	4	A			1	2	3	4	B				1	2	3			
A	12	13	14	15	16	17	18	A	5	6	7	8	9	10	11	B	5	6	7	8	9	10	11	A	4	5	6	7	8	9	10
B	19	20	21	22	23	24	25	B	12	13	14	15	16	17	18	A	12	13	14	15	16	17	18	B	11	12	13	14	15	16	17
A	26	27	28	29	30	31	A	19	20	21	22	23	24	25	B	19	20	21	22	23	24	25	A	18	19	20	21	22	23	24	
							B	26	27	28	29	30	A	26	27	28	29	30	31	B	25	26	27	28	29	30	31				

February							May							August							November										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
B	2	3	4	5	6	7	8	A					1	2	B						1	A	1	2	3	4	5	6	7		
A	9	10	11	12	13	14	15	B	3	4	5	6	7	8	9	B	2	3	4	5	6	7	8	B	8	9	10	11	12	13	14
B	16	17	18	19	20	21	22	A	10	11	12	13	14	15	16	A	9	10	11	12	13	14	15	A	15	16	17	18	19	20	21
A	23	24	25	26	27	28	29	B	17	18	19	20	21	22	23	B	16	17	18	19	20	21	22	B	22	23	24	25	26	27	28
							A	24	25	26	27	28	29	30	A	23	24	25	26	27	28	29	A	29	30						
							A	31	B	30	31																				

March							June							September							December											
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S					
B	1	2	3	4	5	6	7	A			1	2	3	4	5	6	B			1	2	3	4	5	A			1	2	3	4	5
A	8	9	10	11	12	13	14	B	7	8	9	10	11	12	13	A	6	7	8	9	10	11	12	B	6	7	8	9	10	11	12	
B	15	16	17	18	19	20	21	A	14	15	16	17	18	19	20	B	13	14	15	16	17	18	19	A	13	14	15	16	17	18	19	
A	22	23	24	25	26	27	28	B	21	22	23	24	25	26	27	A	20	21	22	23	24	25	26	B	20	21	22	23	24	25	26	
B	29	30	31	A	28	29	30	B	27	28	29	30	27	28	29	30	31															

 = Farm Closed
 = All "A" Week deliveries

Riverdog Farm Weekly CSA Payment Schedule 2020

Delivery Day	Tuesday	Quarter	Wednesday	Quarter	Thursday	Quarter	Friday	Quarter	Saturday	Quarter
January	96		96		96		96		96	
February	96		96		96		96		120	
March	120	312	96	288	96	288	96	288	96	312
April	96		120		120		96		96	
May	96		96		96		120		120	
June	120	312	96	312	96	312	96	312	96	312
July	96		120		120		120		120	
August	96		96		96		96		96	
September	120	312	120	336	96	312	96	312	96	312
October	96		96		120		120		120	
November	96		96		96		96		96	
December	72	264	72	264	72	288	72	288	72	288
Annual Total	1,200		1,200		1,200		1,200		1,224	
Annual w/ D	1,152		1,152		1,152		1,152			

Holiday No-Delivery Dates:
 December 21 through January 1, 2020
 Annual payers receive a \$48 discount (2 CSA boxes free).