



Riverdog Farm

January 11, 2021

Riverdog Farm Veggie Box News

Box Contents:

2 lbs Mandarins from Gold Oak Ranch
1 hd Cauliflower
1 bu Nantes Carrots
2 lbs Nicola Potatoes
1 lb loose Beets
1 bu Red Spring Onion
1 bu Rapini

Payment by mail is due by January 31st for February deliveries:

All Boxes \$30
Tuesdays: \$120
Wednesdays: \$120
Thursdays: \$120
Fridays: \$120
Sat: \$120
Sun: \$120

Thank you for your payment if already sent!

2021

Quarterly Payment Schedule:

1st Quarter

Jan/Feb/March
Tu/Wed: \$390
Th/Fri/Sat/Sun: \$360

Annual Payment

\$1,440

(This includes 2 free boxes!)

Half-Year Payment

\$720

(This includes 1 free box!)

To view the 2020
AND the 2021

A/B week schedule:

Scroll to bottom of Newsletter for annual calendar

Box Notes: CCOF-certified organic mandarins from Gold Oak Ranch are in the box this week!

For 2021, there's space for new CSA members to join. Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates or you can sign up your friends and family members with a check or credit card too. Print or email the Welcome email to the gift recipient.

Webstore Features:

- **Navel Oranges** from Blue Heron Farm, CCOF-certified organic: 10 lbs for \$22.50
- **Pastured Whole Chickens**
- **Pastured Smoked and Cured Hams**
- **Raw Mission Almonds, Hartley Walnuts and vegetable items are available by the case.** Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

The weekly veggie box contents are subject to change. We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

Please pick up your veggie box on your delivery day. Please pick up your CSA order on your delivery day so that it stays fresh and we can ensure quality. CSA site hosts may donate any unclaimed boxes of vegetables no sooner than 24 hours after the original pick up day and time of 3pm. **After 24 hours (3pm the following day) unclaimed orders may no longer be available and the subscriber absorbs the subscription cost for that week's order.**

New CSA Announcements:

1. **Chicken subscriptions** are available. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.

2. **Webstore Orders:** Chickens available on the web store. Try out a chicken with no subscription commitment. If you like the chicken then you can add it to your account as a weekly subscription. There is also a limited supply of half, smoked hams available.
3. **Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their veggie boxes.**
- **Please check your CSA account for the most up-to-date information such as your next delivery from our farm.**

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to keep the end flaps from tearing. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

Give your account 48 hours to update when making changes. For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

The Frog Hollow fruit box will be available to add to your CSA account from Thursday to Sunday by NOON. 12:00 pm Sunday is the deadline to change your account for the fruit box, if you enter a hold any time after that, we can cancel delivery of the box, but your account will still be charged the full amount for the Fruit box. Due to logistics, the Frog Hollow Fruit Boxes will only be available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays at the Berkeley farmers markets may purchase directly from Frog Hollow (check availability). Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm, ethos, fruits and recommendations: www.froghollow.com

Frog Hollow Farm Fruit Box The weekly fruit box is **\$29.75**. To add the Frog Hollow Fruit box to your weekly subscription,

1. Log on to your Farmigo CSA account.
2. Look at the right side of your page at the **summary** box - at the bottom of that box is your subscription with a darker green box that says "change". Click on **change**.
3. Below the title "**CHANGE SUBSCRIPTION**" you have 2 tabs - Click on the **-options-** tab. You will see the Frog Hollow Fruit box available to add. If it is not available then you are trying to order outside of the ordering window. You may contact the CSA manager.
4. ALL orders must be in by **Sunday at NOON** so we have the ability to process your order and deliver it.

- **Keeping it safe:** with the Shelter-in-Place order still in effect in Yolo County, we continue to implement our COVID-19 prevention protocol on the farm per the CDC and Cal-OSHA recommended best practices. Prevention measures include: required face covering and glove wearing, 6-foot distancing in the workplace, hand sanitation and employees are not allowed to work with symptoms of COVID-19.
- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, you **MUST** contact the farm through email to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.
- Please pick up your veggie box on your delivery day. It's important to pick up your veggie box the day of delivery to maintain freshness.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

Broccoli Rabe (aka Rapini) and Crunchy Cauliflower with Lemon Tahini

From: <https://www.andyboy.com/recipes/broccoli-rabe-and-cauliflower-salad/>.

- 3/4 bunch broccoli rabe (about 12 oz), ends removed
- 2 Tbsp canola oil
- 1/2 head of cauliflower (about 12 oz trimmed)
- 3 Tbsp pine nuts, toasted

Dressing

- 3 Tbsp tahini
- 3 Tbsp freshly squeezed lemon juice
- 2 Tbsp water, plus more as needed
- 1 tsp honey
- 1 medium garlic clove, peeled and minced
- 2 Tbsp finely chopped mint
- 1 Tbsp finely chopped parsley
- 1/2 tsp salt, plus more to taste
- freshly ground black pepper to taste

Beet, Carrot and Mandarin Juice

From: <https://www.quericavida.com/recipes/beet-carrot-and-mandarin-juice/a43c3c9e-a74e-42be-87c1-0614f9944621>.

- 1 cup beets, peeled and cut into chunks
- 1 cup carrots, peeled and cut into chunks
- 2 cups mandarin juice
- Ice to taste (optional)

Directions

- Place all ingredients in the blender and process at high speed until the ingredients are well combined and blended smooth, for about 2-3 minutes.
- Pass through a fine colander.
- Serve with ice, if you like.

Yellow = "A" week deliveries, White = "B" week deliveries
Farm Closed December 23rd 2021 - January 3rd 2022

