



Riverdog Farm

January 3, 2022

# Riverdog Farm Veggie Box News

## Box Contents:

2 lbs Gold Nugget Mandarins  
(CCOF-certified organic from Gold Oak Ranch)  
1 bu Nantes Carrots  
¾ lb Arugula  
1 hd Green Cabbage  
¾ lb Little Gem Lettuce  
1-2 Leeks

## Payment by mail is due by January 31<sup>th</sup> for February deliveries:

### All Boxes \$30

Tuesdays: \$120  
Wednesdays: \$120  
Thursdays: \$120  
Fridays: \$120  
Sat: \$120  
Sun: \$120

## Thank you for your payment if already sent!

2022

### Quarterly Payment Schedule:

#### 1<sup>st</sup> Quarter

Jan/Feb/March  
Tues/Wed/Thurs: \$390  
Fri/Sat/Sun: \$360

### Annual Payment

\$1,440

(This includes 2 free boxes!)

### Half-Year Payment

\$720

(This includes 1 free box!)

To view the 2022

A/B alternate week schedule:

**Scroll to bottom of Newsletter for annual calendar**

**Box Notes:** The mandarins in this week's box are CCOF certified organic from Gold Oak Ranch in Madison. The mandarins are also available by the 10 lb case for \$40 via our farm webstore to order as an add-on. The tangy-sweet mandarins are delicious eaten as they are and they make wonderful fresh squeezed juice. We've had several frosty nights so the carrots, arugula, lettuce and cabbage will be sweeter than usual.

**Field Notes:** Very chilly nights recently and a lot of rain (cumulatively about 19 inches so far!!) is making us feel like we're getting back to a typical winter for our northern California climate. We hope the rain continues and that the surface and groundwater supplies become replenished.

To assist the farm with spring seed purchasing, please consider subscribing for the whole year, an investment of \$1440 that includes 2 complimentary CSA boxes. The annual CSA payments help the farm cover costs during our lower income flow season, especially with the recent increase in fuel costs and anticipated 9% PG&E rate hikes coming in 2022.

## Webstore Features:

**Smoked/Cured Hams: Pre-order pastured hams for holiday celebrations by emailing [csa@riverdogfarm.com](mailto:csa@riverdogfarm.com)**

- **Pastured Whole Chickens**
- **Pastured Pork Cuts and Pork Shares**
- **Variety of Sausages**
- **All pastured meat orders are delivered frozen to your delivery site or to one of the 4 weekly farmers markets nearest you.**
- **Raw Mission Almonds, Raw Hartley Walnuts and vegetable items are available by the case or half case.**

Visit: <https://csa.farmigo.com/store/riverdogfarmcsa> to place your orders. Please place your orders by noon, 2 days before your delivery day to ensure same week delivery.

Any YEARLY subscription that needs to end early will be charged at the \$30 box price for boxes already delivered (not to exceed the original purchase price) and the balance may be refunded back to the card of original purchase or a check will be sent to the Member. For MONTHLY subscribers –Please finish your subscription commitment. If your balance does not reach \$0, then the remaining amount – below \$29 - may be refunded back to the credit card or in the form of a check. You can also choose to donate your remainder to the farm. When you finish out your account balance, balance reaches \$0, then you have fulfilled your subscription commitment and your account will automatically go to “permanent hold” status. You are able to re-subscribe at any time. Subscribers who are set up for recurring payments need to turn off recurring payments in order to make any cancellations to your account.

- PLEASE note if your subscription has recurring payments as this can affect the amount of deliveries you are expected to receive.
  - Your subscriptions are greatly appreciated and to make our CSA program successful, we count on your advance payment to plan our seed ordering, planting seasons and harvest amounts.
  - To ensure that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. You may also put your account on a DELIVERY HOLD if you will be gone for periods of time. Your balance will be there when you return.
  - For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!
- Thank you for your understanding and cooperation.**

**\*\*Due to shorter day light hours, the egg laying productivity has slowed down so we are not accepting new egg subscriptions at this time. Check back often to see when the egg subscriptions open up again.**

**Please pick up your veggie box on your delivery day** so that it stays fresh and we can ensure quality. **\*\*Riverdog will not give refunds for any missing items/quality issues for pickups made the day after delivery day.\*\*** CSA site hosts may donate any unclaimed items no sooner than 24 hours after the original pick up day and time week of 3pm. After 24 hours (3pm following the day of original pickup time) unclaimed/forgotten orders may no longer be available and the subscriber absorbs the subscription cost for that week's order. **Missing items/quality issues must be emailed within 24 hours of pick up day and time slot for refund consideration.** Please include a photo of any quality issues. We appreciate your feedback. **Reminder: Please pick up your veggie box during the pick-up time window the day of delivery to ensure quality. During the hot days of summer, the earlier you are able to pick up the better.**

**Reminder:** A/B delivery schedules are every other week. They aren't always 1<sup>st</sup>/3<sup>rd</sup> or 2<sup>nd</sup>/4<sup>th</sup> weeks due to some months having 5 weeks. **Make sure your name is on the list AND you only take the items listed next to your name.**

**Please check your CSA account for the most up-to-date information such as your next CSA delivery date and payment status.**

**Frog Hollow Farm Fruit Boxes are available to add to your subscription: \$33.25 per Frog Hollow Farm fruit box.** See info below to learn more about their fruit boxes. To add the Frog Hollow Fruit box to your weekly subscription, email the CSA manager at [CSA@riverdogfarm.com](mailto:CSA@riverdogfarm.com). ALL orders need to be in by Monday morning at 8AM – that is when FROG HOLLOW box numbers are finalized.

Please encourage neighbors, friends and colleagues to sign-up for the Riverdog Farm CSA. We offer Gift Certificates (on the webstore) or you can sign up your friends and family members with a check or credit card. Print or email the Welcome email to send to the gift recipient.

The weekly box contents are subject to change (from the box contents listed in the weekly newsletter). We include a list of box contents in the newsletter to give you an idea of what to expect but it may differ from what is packed. Crop quality, daily yields and weather conditions will determine final box contents each week.

**Site hosts: Please email the CSA manager by the morning following the delivery day about any unclaimed CSA boxes. This way, we can contact CSA subscribers to remind them to pick up their CSA subscriptions.**

#### **CSA Announcements:**

- 1. Chicken subscriptions** are available. You can choose a desired weight in whole numbers between 3 lbs and 6 lbs. The whole chickens (with head and feet) are \$6 per lb. The average weight is 3.5 to 7 lbs. All meat raised on the farm is pasture fed. The animals are CCOF certified organic but cannot be labeled as organic due to being processed in a facility that is not certified organic. Your account is updated weekly with the actual weight packed for you. To begin a chicken subscription, add a chicken to your account 48 hours before your delivery day. Your account is deducted with the actual price of the chicken at midnight the day after delivery.
- 2. Webstore Orders:** There are chickens available on the web store. Try out a chicken with no subscription commitment. If you like it then add it to your account as a weekly subscription. There are also half, smoked hams available.

Riverdog Farm has an Instagram account. Find us via our Instagram handle: riverdogfarm. On our account, we share images of the crops, farming, re-posts of your farm fixings photos and videos and provide market/CSA updates.

Whether you leave the box at the site or take it home to return the following week, please unfold (collapse) your box carefully to prevent tearing of the end flaps. Slowly bend the two end panels towards the outer ends first then collapse (flatten) the whole box by gently folding the rest.

**Give your account 48 hours to update when making changes.** For example, when changing your account status from permanent hold to active by charging your credit card, the process may take up to 48 hours to update. The auto-pay option button is at the bottom of your account page. Please click it for auto-renewal of your CSA subscription and to ensure uninterrupted weekly veggie box deliveries.

**The Frog Hollow fruit box is available to add to your CSA account.** Due to logistics, the Frog Hollow Fruit Boxes are only available to the **Wednesday/Thursday/Friday** subscribers. CSA subscribers who pick up on Tuesdays/Thursdays/Saturdays, at the Berkeley farmers markets may purchase directly from Frog Hollow. 12:00 pm Sunday is the deadline to change your account for the fruit box. If you enter a hold any time after that, we can cancel delivery of the box, but your account may still be charged the full amount for the fruit box. Frog Hollow CSA boxes come with 3-4 varieties of seasonal tree-ripened, exceptionally tasty stone fruits. As part of their commitment to sustainability, Frog Hollow works hard to avert food waste. You can expect to see ripe, cosmetically imperfect fruit and small or large pieces of fruit in the fruit boxes. These characteristics should not affect the deliciousness of what you receive. Visit their web site to learn more about their CSA program, farm philosophy, fruits and recommendations: [www.froghollow.com](http://www.froghollow.com).

- **Reminder:** So that your subscription continues uninterrupted, please make sure your credit card on file is up to date on your CSA account. For those who need to end the CSA subscription before your balance is at \$0, email the farm to request cancellation. You may put your account on a DELIVERY hold if you will be gone for periods of time.
- For any changes you need to make to your account, the cut off time is 12:00 NOON, 2 days before your delivery day. Remember to make any changes to your account such as payment renewal, webstore orders or delivery holds by 12:00 NOON, 2 days before your delivery day. Thank you!

## Simple Healthy Slaw

From: <https://cookieandkate.com/simple-healthy-coleslaw-recipe/print/24037/>.

### Coleslaw

- 2 cups finely sliced purple cabbage (one small cabbage will be more than plenty)
- 2 cups finely sliced green cabbage (one small cabbage will be more than plenty)
- 2 cups shredded carrots (I used store-bought shredded organic carrots, but you could also grate them on a box grater, in a food processor, or julienne the carrots with a sharp knife)
- 1/4 cup chopped fresh parsley
- Up to 3/4 cup mixed seeds (I used mostly pepitas—AKA green pumpkin seeds—and sunflower seeds, with some sesame seeds and poppy seeds)

### Lemon dressing

- 1/4 cup olive oil
- 2 to 3 tablespoons lemon juice, to taste
- 1 clove garlic, pressed or minced
- 1/2 teaspoon ground cumin
- 1/2 teaspoon salt

### Instructions

1. In a medium serving bowl, combine the prepared purple and green cabbage, carrots and parsley. Set aside.
2. Measure out your seeds into a small skillet. Toast over medium heat, stirring frequently, until the seeds are fragrant and the pepitas are starting to make little popping noises. Pour the toasted seeds into the mixing bowl and toss to combine.
3. To make the dressing, in a small bowl, combine the olive oil with 2 tablespoons lemon juice. Add the garlic, cumin and salt and whisk until thoroughly blended.
4. Drizzle the dressing over the slaw and toss until all of the ingredients are lightly coated in dressing. Taste and add an additional tablespoon of lemon juice if the slaw needs a little more zip. Serve immediately or cover and refrigerate to marinate for up to several hours.

## 2022 CSA Delivery Calendar –

**ALL “B” weeks are highlighted in Green, ALL “A” weeks are NOT highlighted**

### 2022 Calendar

ALL green highlighted areas are the “A” week schedule

ALL other weeks are the “B” week schedule

#### JANUARY

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

#### FEBRUARY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

#### MARCH

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

#### APRIL

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

#### MAY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

#### JUNE

S	M	T	W	T	F	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

#### JULY

S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

#### AUGUST

S	M	T	W	T	F	S
		1	2	3	4	5 6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

#### SEPTEMBER

S	M	T	W	T	F	S
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4	5	6	7	8	9	10
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18	19	20	21	22	23	24
25	26	27	28	29	30	

#### OCTOBER

S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

#### NOVEMBER

S	M	T	W	T	F	S
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

#### DECEMBER

S	M	T	W	T	F	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31